

## *Accountability booklet*

---

Helping you stay focused on the ONE who can help you to live a righteous life

Seeking out an accountability partner to pray with and help share the burdens that come with doing spiritual warfare. The Bible says we are in battle, fight to win! Encouragement and moral support from a friend helps us all to stand firm on God's Word and what He says is best for us.

Proverbs 27:17 (NIV) As iron sharpens iron, so one person sharpens another.



# Personal Accountability

Date: \_\_\_\_\_

1	How are you feeling in the following areas?	<b>Need Help</b>					<b>Stable</b>				
	b. Your consistency in satisfying personal devotions	1	2	3	4	5	6	7	8	9	
	d. Your battling against ungodly thoughts (unbelief, bitterness, resentment, lust, pride, jealousy, covetousness, etc.)	1	2	3	4	5	6	7	8	9	
	f. Your energy for the week ahead	1	2	3	4	5	6	7	8	9	
	h. Your feelings of effectiveness in serving Jesus	1	2	3	4	5	6	7	8	9	
	j. Give Examples of how you served Jesus in the past week. _____ _____										
		<b>Need Help</b>					<b>Stable</b>				
2	How is your family joy and harmony?	1	2	3	4	5	6	7	8	9	
		<b>Unhealthy</b>					<b>Healthy</b>				
3	Assess your eating and exercise this past week.	1	2	3	4	5	6	7	8	9	
4	Did you work on Bible memorization this week?						Yes	No			
5	Did you take a Sabbath day this past week?						Yes	No			
	(If no, how do you plan to compensate for it in the near future?)										
6	Have you been with a man or woman in the past week in a way that could be viewed as compromising?						Yes	No			
7	Have any of your financial dealings lacked integrity?						Yes	No			
8	Have you viewed sexually explicit material?						Yes	No			
9	Have you neglected to give appropriate time to your spouse? family?						Yes	No			
10	Have you taken advantage of opportunities to share your faith?						Yes	No			
11	Have you made the best of your free time to pursue godliness (through reading, praying, God honoring activities, etc.)?						Yes	No			
12	Did you spend any time with a non-Christian this week?						Yes	No			
13	Did you pursue a hobby this week? (Are you allowing God to be a part of this?)						Yes	No			
14	How are you supporting your family financially?										
15	What is your schedule like right now? Overcommitted? Isolating yourself? What do you need to remove (or add)?										
16	Are you fixing all the problems presented to you? Or are you leaving room for God to work?										
17	Is there any frustration you have from your congregation you want to discuss and bring in line with God's thinking?										
18	Is there anything hidden you want to bring to God for help?										
19	What three things are you most thankful for?										
20	Is there anything that you would like me to hold you accountable for (e.g., significant stresses, goals, temptations, or joys)?										
21	Is there anything you would like me to pray with you about or rejoice with you?										

Signature: \_\_\_\_\_

*"But by the grace of God I am what I am, and his grace to me was not without effect. No, I worked harder than all of them – yet not I, but the grace of God that was with me." 1Cor15:10*

# Personal Accountability

Date: \_\_\_\_\_

1	How are you feeling in the following areas?	<b>Need Help</b>					<b>Stable</b>				
	b. Your consistency in satisfying personal devotions	1	2	3	4	5	6	7	8	9	
	d. Your battling against ungodly thoughts (unbelief, bitterness, resentment, lust, pride, jealousy, covetousness, etc.)	1	2	3	4	5	6	7	8	9	
	f. Your energy for the week ahead	1	2	3	4	5	6	7	8	9	
	h. Your feelings of effectiveness in serving Jesus	1	2	3	4	5	6	7	8	9	
	j. Give Examples of how you served Jesus in the past week.	<hr/> <hr/>									
		<b>Need Help</b>					<b>Stable</b>				
2	How is your family joy and harmony?	1	2	3	4	5	6	7	8	9	
		<b>Unhealthy</b>					<b>Healthy</b>				
3	Assess your eating and exercise this past week.	1	2	3	4	5	6	7	8	9	
4	Did you work on Bible memorization this week?						Yes	No			
5	Did you take a Sabbath day this past week?						Yes	No			
	(If no, how do you plan to compensate for it in the near future?)										
6	Have you been with a man or woman in the past week in a way that could be viewed as compromising?						Yes	No			
7	Have any of your financial dealings lacked integrity?						Yes	No			
8	Have you viewed sexually explicit material?						Yes	No			
9	Have you neglected to give appropriate time to your spouse? family?						Yes	No			
10	Have you taken advantage of opportunities to share your faith?						Yes	No			
11	Have you made the best of your free time to pursue godliness (through reading, praying, God honoring activities, etc.)?						Yes	No			
12	Did you spend any time with a non-Christian this week?						Yes	No			
13	Did you pursue a hobby this week? (Are you allowing God to be a part of this?)						Yes	No			
14	How are you supporting your family financially?										
15	What is your schedule like right now? Overcommitted? Isolating yourself? What do you need to remove (or add)?										
16	Are you fixing all the problems presented to you? Or are you leaving room for God to work?										
17	Is there any frustration you have from your congregation you want to discuss and bring in line with God's thinking?										
18	Is there anything hidden you want to bring to God for help?										
19	What three things are you most thankful for?										
20	Is there anything that you would like me to hold you accountable for (e.g., significant stresses, goals, temptations, or joys)?										
21	Is there anything you would like me to pray with you about or rejoice with you?										

Signature: \_\_\_\_\_

*"But by the grace of God I am what I am, and his grace to me was not without effect. No, I worked harder than all of them – yet not I, but the grace of God that was with me." 1Cor15:10*

# Personal Accountability

Date: \_\_\_\_\_

1	How are you feeling in the following areas?	<b>Need Help</b>					<b>Stable</b>				
	b. Your consistency in satisfying personal devotions	1	2	3	4	5	6	7	8	9	
	d. Your battling against ungodly thoughts (unbelief, bitterness, resentment, lust, pride, jealousy, covetousness, etc.)	1	2	3	4	5	6	7	8	9	
	f. Your energy for the week ahead	1	2	3	4	5	6	7	8	9	
	h. Your feelings of effectiveness in serving Jesus	1	2	3	4	5	6	7	8	9	
	j. Give Examples of how you served Jesus in the past week. _____ _____										
		<b>Need Help</b>					<b>Stable</b>				
2	How is your family joy and harmony?	1	2	3	4	5	6	7	8	9	
		<b>Unhealthy</b>					<b>Healthy</b>				
3	Assess your eating and exercise this past week.	1	2	3	4	5	6	7	8	9	
4	Did you work on Bible memorization this week?						Yes	No			
5	Did you take a Sabbath day this past week?						Yes	No			
	(If no, how do you plan to compensate for it in the near future?)										
6	Have you been with a man or woman in the past week in a way that could be viewed as compromising?						Yes	No			
7	Have any of your financial dealings lacked integrity?						Yes	No			
8	Have you viewed sexually explicit material?						Yes	No			
9	Have you neglected to give appropriate time to your spouse? family?						Yes	No			
10	Have you taken advantage of opportunities to share your faith?						Yes	No			
11	Have you made the best of your free time to pursue godliness (through reading, praying, God honoring activities, etc.)?						Yes	No			
12	Did you spend any time with a non-Christian this week?						Yes	No			
13	Did you pursue a hobby this week? (Are you allowing God to be a part of this?)						Yes	No			
14	How are you supporting your family financially?										
15	What is your schedule like right now? Overcommitted? Isolating yourself? What do you need to remove (or add)?										
16	Are you fixing all the problems presented to you? Or are you leaving room for God to work?										
17	Is there any frustration you have from your congregation you want to discuss and bring in line with God's thinking?										
18	Is there anything hidden you want to bring to God for help?										
19	What three things are you most thankful for?										
20	Is there anything that you would like me to hold you accountable for (e.g., significant stresses, goals, temptations, or joys)?										
21	Is there anything you would like me to pray with you about or rejoice with you?										

Signature: \_\_\_\_\_

*"But by the grace of God I am what I am, and his grace to me was not without effect. No, I worked harder than all of them – yet not I, but the grace of God that was with me." 1Cor15:10*

## Personal Accountability

Date: \_\_\_\_\_

1	How are you feeling in the following areas?	Need Help					Stable				
		1	2	3	4	5	6	7	8	9	
	b. Your consistency in satisfying personal devotions	1	2	3	4	5	6	7	8	9	
	d. Your battling against ungodly thoughts (unbelief, bitterness, resentment, lust, pride, jealousy, covetousness, etc.)	1	2	3	4	5	6	7	8	9	
	f. Your energy for the week ahead	1	2	3	4	5	6	7	8	9	
	h. Your feelings of effectiveness in serving Jesus	1	2	3	4	5	6	7	8	9	
	j. Give Examples of how you served Jesus in the past week. _____ _____										
		Need Help					Stable				
2	How is your family joy and harmony?	1	2	3	4	5	6	7	8	9	
		Unhealthy					Healthy				
3	Assess your eating and exercise this past week.	1	2	3	4	5	6	7	8	9	
4	Did you work on Bible memorization this week?						Yes	No			
5	Did you take a Sabbath day this past week?						Yes	No			
	(If no, how do you plan to compensate for it in the near future?)										
6	Have you been with a man or woman in the past week in a way that could be viewed as compromising?						Yes	No			
7	Have any of your financial dealings lacked integrity?						Yes	No			
8	Have you viewed sexually explicit material?						Yes	No			
9	Have you neglected to give appropriate time to your spouse? family?						Yes	No			
10	Have you taken advantage of opportunities to share your faith?						Yes	No			
11	Have you made the best of your free time to pursue godliness (through reading, praying, God honoring activities, etc.)?						Yes	No			
12	Did you spend any time with a non-Christian this week?						Yes	No			
13	Did you pursue a hobby this week? (Are you allowing God to be a part of this?)						Yes	No			
14	How are you supporting your family financially?										
15	What is your schedule like right now? Overcommitted? Isolating yourself? What do you need to remove (or add)?										
16	Are you fixing all the problems presented to you? Or are you leaving room for God to work?										
17	Is there any frustration you have from your congregation you want to discuss and bring in line with God's thinking?										
18	Is there anything hidden you want to bring to God for help?										
19	What three things are you most thankful for?										
20	Is there anything that you would like me to hold you accountable for (e.g., significant stresses, goals, temptations, or joys)?										
21	Is there anything you would like me to pray with you about or rejoice with you?										

Signature: \_\_\_\_\_

*"But by the grace of God I am what I am, and his grace to me was not without effect. No, I worked harder than all of them – yet not I, but the grace of God that was with me." 1Cor15:10*

## Personal Accountability

Date: \_\_\_\_\_

1	How are you feeling in the following areas?	Need Help					Stable				
		1	2	3	4	5	6	7	8	9	
	b. Your consistency in satisfying personal devotions	1	2	3	4	5	6	7	8	9	
	d. Your battling against ungodly thoughts (unbelief, bitterness, resentment, lust, pride, jealousy, covetousness, etc.)	1	2	3	4	5	6	7	8	9	
	f. Your energy for the week ahead	1	2	3	4	5	6	7	8	9	
	h. Your feelings of effectiveness in serving Jesus	1	2	3	4	5	6	7	8	9	
	j. Give Examples of how you served Jesus in the past week. _____ _____										
		Need Help					Stable				
2	How is your family joy and harmony?	1	2	3	4	5	6	7	8	9	
		Unhealthy					Healthy				
3	Assess your eating and exercise this past week.	1	2	3	4	5	6	7	8	9	
4	Did you work on Bible memorization this week?						Yes	No			
5	Did you take a Sabbath day this past week?						Yes	No			
	(If no, how do you plan to compensate for it in the near future?)										
6	Have you been with a man or woman in the past week in a way that could be viewed as compromising?						Yes	No			
7	Have any of your financial dealings lacked integrity?						Yes	No			
8	Have you viewed sexually explicit material?						Yes	No			
9	Have you neglected to give appropriate time to your spouse? family?						Yes	No			
10	Have you taken advantage of opportunities to share your faith?						Yes	No			
11	Have you made the best of your free time to pursue godliness (through reading, praying, God honoring activities, etc.)?						Yes	No			
12	Did you spend any time with a non-Christian this week?						Yes	No			
13	Did you pursue a hobby this week? (Are you allowing God to be a part of this?)						Yes	No			
14	How are you supporting your family financially?										
15	What is your schedule like right now? Overcommitted? Isolating yourself? What do you need to remove (or add)?										
16	Are you fixing all the problems presented to you? Or are you leaving room for God to work?										
17	Is there any frustration you have from your congregation you want to discuss and bring in line with God's thinking?										
18	Is there anything hidden you want to bring to God for help?										
19	What three things are you most thankful for?										
20	Is there anything that you would like me to hold you accountable for (e.g., significant stresses, goals, temptations, or joys)?										
21	Is there anything you would like me to pray with you about or rejoice with you?										

Signature: \_\_\_\_\_

*"But by the grace of God I am what I am, and his grace to me was not without effect. No, I worked harder than all of them – yet not I, but the grace of God that was with me." 1Cor15:10*

## Personal Accountability

Date: \_\_\_\_\_

1	How are you feeling in the following areas?	Need Help					Stable				
		1	2	3	4	5	6	7	8	9	
	b. Your consistency in satisfying personal devotions	1	2	3	4	5	6	7	8	9	
	d. Your battling against ungodly thoughts (unbelief, bitterness, resentment, lust, pride, jealousy, covetousness, etc.)	1	2	3	4	5	6	7	8	9	
	f. Your energy for the week ahead	1	2	3	4	5	6	7	8	9	
	h. Your feelings of effectiveness in serving Jesus	1	2	3	4	5	6	7	8	9	
	j. Give Examples of how you served Jesus in the past week. _____ _____										
		Need Help					Stable				
2	How is your family joy and harmony?	1	2	3	4	5	6	7	8	9	
		Unhealthy					Healthy				
3	Assess your eating and exercise this past week.	1	2	3	4	5	6	7	8	9	
4	Did you work on Bible memorization this week?						Yes	No			
5	Did you take a Sabbath day this past week?						Yes	No			
	(If no, how do you plan to compensate for it in the near future?)										
6	Have you been with a man or woman in the past week in a way that could be viewed as compromising?						Yes	No			
7	Have any of your financial dealings lacked integrity?						Yes	No			
8	Have you viewed sexually explicit material?						Yes	No			
9	Have you neglected to give appropriate time to your spouse? family?						Yes	No			
10	Have you taken advantage of opportunities to share your faith?						Yes	No			
11	Have you made the best of your free time to pursue godliness (through reading, praying, God honoring activities, etc.)?						Yes	No			
12	Did you spend any time with a non-Christian this week?						Yes	No			
13	Did you pursue a hobby this week? (Are you allowing God to be a part of this?)						Yes	No			
14	How are you supporting your family financially?										
15	What is your schedule like right now? Overcommitted? Isolating yourself? What do you need to remove (or add)?										
16	Are you fixing all the problems presented to you? Or are you leaving room for God to work?										
17	Is there any frustration you have from your congregation you want to discuss and bring in line with God's thinking?										
18	Is there anything hidden you want to bring to God for help?										
19	What three things are you most thankful for?										
20	Is there anything that you would like me to hold you accountable for (e.g., significant stresses, goals, temptations, or joys)?										
21	Is there anything you would like me to pray with you about or rejoice with you?										

Signature: \_\_\_\_\_

*"But by the grace of God I am what I am, and his grace to me was not without effect. No, I worked harder than all of them – yet not I, but the grace of God that was with me." 1Cor15:10*

## Personal Accountability

Date: \_\_\_\_\_

1	How are you feeling in the following areas?	Need Help					Stable				
		1	2	3	4	5	6	7	8	9	
	b. Your consistency in satisfying personal devotions	1	2	3	4	5	6	7	8	9	
	d. Your battling against ungodly thoughts (unbelief, bitterness, resentment, lust, pride, jealousy, covetousness, etc.)	1	2	3	4	5	6	7	8	9	
	f. Your energy for the week ahead	1	2	3	4	5	6	7	8	9	
	h. Your feelings of effectiveness in serving Jesus	1	2	3	4	5	6	7	8	9	
	j. Give Examples of how you served Jesus in the past week. _____ _____										
		Need Help					Stable				
2	How is your family joy and harmony?	1	2	3	4	5	6	7	8	9	
		Unhealthy					Healthy				
3	Assess your eating and exercise this past week.	1	2	3	4	5	6	7	8	9	
4	Did you work on Bible memorization this week?						Yes	No			
5	Did you take a Sabbath day this past week?						Yes	No			
	(If no, how do you plan to compensate for it in the near future?)										
6	Have you been with a man or woman in the past week in a way that could be viewed as compromising?						Yes	No			
7	Have any of your financial dealings lacked integrity?						Yes	No			
8	Have you viewed sexually explicit material?						Yes	No			
9	Have you neglected to give appropriate time to your spouse? family?						Yes	No			
10	Have you taken advantage of opportunities to share your faith?						Yes	No			
11	Have you made the best of your free time to pursue godliness (through reading, praying, God honoring activities, etc.)?						Yes	No			
12	Did you spend any time with a non-Christian this week?						Yes	No			
13	Did you pursue a hobby this week? (Are you allowing God to be a part of this?)						Yes	No			
14	How are you supporting your family financially?										
15	What is your schedule like right now? Overcommitted? Isolating yourself? What do you need to remove (or add)?										
16	Are you fixing all the problems presented to you? Or are you leaving room for God to work?										
17	Is there any frustration you have from your congregation you want to discuss and bring in line with God's thinking?										
18	Is there anything hidden you want to bring to God for help?										
19	What three things are you most thankful for?										
20	Is there anything that you would like me to hold you accountable for (e.g., significant stresses, goals, temptations, or joys)?										
21	Is there anything you would like me to pray with you about or rejoice with you?										

Signature: \_\_\_\_\_

*"But by the grace of God I am what I am, and his grace to me was not without effect. No, I worked harder than all of them – yet not I, but the grace of God that was with me." 1Cor15:10*

## Personal Accountability

Date: \_\_\_\_\_

1	How are you feeling in the following areas?	Need Help					Stable				
		1	2	3	4	5	6	7	8	9	
	b. Your consistency in satisfying personal devotions	1	2	3	4	5	6	7	8	9	
	d. Your battling against ungodly thoughts (unbelief, bitterness, resentment, lust, pride, jealousy, covetousness, etc.)	1	2	3	4	5	6	7	8	9	
	f. Your energy for the week ahead	1	2	3	4	5	6	7	8	9	
	h. Your feelings of effectiveness in serving Jesus	1	2	3	4	5	6	7	8	9	
	j. Give Examples of how you served Jesus in the past week. _____ _____										
		Need Help					Stable				
2	How is your family joy and harmony?	1	2	3	4	5	6	7	8	9	
		Unhealthy					Healthy				
3	Assess your eating and exercise this past week.	1	2	3	4	5	6	7	8	9	
4	Did you work on Bible memorization this week?						Yes	No			
5	Did you take a Sabbath day this past week?						Yes	No			
	(If no, how do you plan to compensate for it in the near future?)										
6	Have you been with a man or woman in the past week in a way that could be viewed as compromising?						Yes	No			
7	Have any of your financial dealings lacked integrity?						Yes	No			
8	Have you viewed sexually explicit material?						Yes	No			
9	Have you neglected to give appropriate time to your spouse? family?						Yes	No			
10	Have you taken advantage of opportunities to share your faith?						Yes	No			
11	Have you made the best of your free time to pursue godliness (through reading, praying, God honoring activities, etc.)?						Yes	No			
12	Did you spend any time with a non-Christian this week?						Yes	No			
13	Did you pursue a hobby this week? (Are you allowing God to be a part of this?)						Yes	No			
14	How are you supporting your family financially?										
15	What is your schedule like right now? Overcommitted? Isolating yourself? What do you need to remove (or add)?										
16	Are you fixing all the problems presented to you? Or are you leaving room for God to work?										
17	Is there any frustration you have from your congregation you want to discuss and bring in line with God's thinking?										
18	Is there anything hidden you want to bring to God for help?										
19	What three things are you most thankful for?										
20	Is there anything that you would like me to hold you accountable for (e.g., significant stresses, goals, temptations, or joys)?										
21	Is there anything you would like me to pray with you about or rejoice with you?										

Signature: \_\_\_\_\_

*"But by the grace of God I am what I am, and his grace to me was not without effect. No, I worked harder than all of them – yet not I, but the grace of God that was with me." 1Cor15:10*

# Personal Accountability

Date: \_\_\_\_\_

1	How are you feeling in the following areas?	<b>Need Help</b>					<b>Stable</b>				
	b. Your consistency in satisfying personal devotions	1	2	3	4	5	6	7	8	9	
	d. Your battling against ungodly thoughts (unbelief, bitterness, resentment, lust, pride, jealousy, covetousness, etc.)	1	2	3	4	5	6	7	8	9	
	f. Your energy for the week ahead	1	2	3	4	5	6	7	8	9	
	h. Your feelings of effectiveness in serving Jesus	1	2	3	4	5	6	7	8	9	
	j. Give Examples of how you served Jesus in the past week.	<hr/> <hr/>									
		<b>Need Help</b>					<b>Stable</b>				
2	How is your family joy and harmony?	1	2	3	4	5	6	7	8	9	
		<b>Unhealthy</b>					<b>Healthy</b>				
3	Assess your eating and exercise this past week.	1	2	3	4	5	6	7	8	9	
4	Did you work on Bible memorization this week?						Yes	No			
5	Did you take a Sabbath day this past week?						Yes	No			
	(If no, how do you plan to compensate for it in the near future?)										
6	Have you been with a man or woman in the past week in a way that could be viewed as compromising?						Yes	No			
7	Have any of your financial dealings lacked integrity?						Yes	No			
8	Have you viewed sexually explicit material?						Yes	No			
9	Have you neglected to give appropriate time to your spouse? family?						Yes	No			
10	Have you taken advantage of opportunities to share your faith?						Yes	No			
11	Have you made the best of your free time to pursue godliness (through reading, praying, God honoring activities, etc.)?						Yes	No			
12	Did you spend any time with a non-Christian this week?						Yes	No			
13	Did you pursue a hobby this week? (Are you allowing God to be a part of this?)						Yes	No			
14	How are you supporting your family financially?										
15	What is your schedule like right now? Overcommitted? Isolating yourself? What do you need to remove (or add)?										
16	Are you fixing all the problems presented to you? Or are you leaving room for God to work?										
17	Is there any frustration you have from your congregation you want to discuss and bring in line with God's thinking?										
18	Is there anything hidden you want to bring to God for help?										
19	What three things are you most thankful for?										
20	Is there anything that you would like me to hold you accountable for (e.g., significant stresses, goals, temptations, or joys)?										
21	Is there anything you would like me to pray with you about or rejoice with you?										

Signature: \_\_\_\_\_

*"But by the grace of God I am what I am, and his grace to me was not without effect. No, I worked harder than all of them – yet not I, but the grace of God that was with me." 1Cor15:10*

# Personal Accountability

Date: \_\_\_\_\_

1	How are you feeling in the following areas?	<b>Need Help</b>					<b>Stable</b>				
	b. Your consistency in satisfying personal devotions	1	2	3	4	5	6	7	8	9	
	d. Your battling against ungodly thoughts (unbelief, bitterness, resentment, lust, pride, jealousy, covetousness, etc.)	1	2	3	4	5	6	7	8	9	
	f. Your energy for the week ahead	1	2	3	4	5	6	7	8	9	
	h. Your feelings of effectiveness in serving Jesus	1	2	3	4	5	6	7	8	9	
	j. Give Examples of how you served Jesus in the past week.	<hr/> <hr/>									
		<b>Need Help</b>					<b>Stable</b>				
2	How is your family joy and harmony?	1	2	3	4	5	6	7	8	9	
		<b>Unhealthy</b>					<b>Healthy</b>				
3	Assess your eating and exercise this past week.	1	2	3	4	5	6	7	8	9	
4	Did you work on Bible memorization this week?						Yes	No			
5	Did you take a Sabbath day this past week?						Yes	No			
	(If no, how do you plan to compensate for it in the near future?)										
6	Have you been with a man or woman in the past week in a way that could be viewed as compromising?						Yes	No			
7	Have any of your financial dealings lacked integrity?						Yes	No			
8	Have you viewed sexually explicit material?						Yes	No			
9	Have you neglected to give appropriate time to your spouse? family?						Yes	No			
10	Have you taken advantage of opportunities to share your faith?						Yes	No			
11	Have you made the best of your free time to pursue godliness (through reading, praying, God honoring activities, etc.)?						Yes	No			
12	Did you spend any time with a non-Christian this week?						Yes	No			
13	Did you pursue a hobby this week? (Are you allowing God to be a part of this?)						Yes	No			
14	How are you supporting your family financially?										
15	What is your schedule like right now? Overcommitted? Isolating yourself? What do you need to remove (or add)?										
16	Are you fixing all the problems presented to you? Or are you leaving room for God to work?										
17	Is there any frustration you have from your congregation you want to discuss and bring in line with God's thinking?										
18	Is there anything hidden you want to bring to God for help?										
19	What three things are you most thankful for?										
20	Is there anything that you would like me to hold you accountable for (e.g., significant stresses, goals, temptations, or joys)?										
21	Is there anything you would like me to pray with you about or rejoice with you?										

Signature: \_\_\_\_\_

*"But by the grace of God I am what I am, and his grace to me was not without effect. No, I worked harder than all of them – yet not I, but the grace of God that was with me." 1Cor15:10*

# Personal Accountability

Date: \_\_\_\_\_

1	How are you feeling in the following areas?	<b>Need Help</b>					<b>Stable</b>				
	b. Your consistency in satisfying personal devotions	1	2	3	4	5	6	7	8	9	
	d. Your battling against ungodly thoughts (unbelief, bitterness, resentment, lust, pride, jealousy, covetousness, etc.)	1	2	3	4	5	6	7	8	9	
	f. Your energy for the week ahead	1	2	3	4	5	6	7	8	9	
	h. Your feelings of effectiveness in serving Jesus	1	2	3	4	5	6	7	8	9	
	j. Give Examples of how you served Jesus in the past week.	<hr/> <hr/>									
		<b>Need Help</b>					<b>Stable</b>				
2	How is your family joy and harmony?	1	2	3	4	5	6	7	8	9	
		<b>Unhealthy</b>					<b>Healthy</b>				
3	Assess your eating and exercise this past week.	1	2	3	4	5	6	7	8	9	
4	Did you work on Bible memorization this week?						Yes	No			
5	Did you take a Sabbath day this past week?						Yes	No			
	(If no, how do you plan to compensate for it in the near future?)										
6	Have you been with a man or woman in the past week in a way that could be viewed as compromising?						Yes	No			
7	Have any of your financial dealings lacked integrity?						Yes	No			
8	Have you viewed sexually explicit material?						Yes	No			
9	Have you neglected to give appropriate time to your spouse? family?						Yes	No			
10	Have you taken advantage of opportunities to share your faith?						Yes	No			
11	Have you made the best of your free time to pursue godliness (through reading, praying, God honoring activities, etc.)?						Yes	No			
12	Did you spend any time with a non-Christian this week?						Yes	No			
13	Did you pursue a hobby this week? (Are you allowing God to be a part of this?)						Yes	No			
14	How are you supporting your family financially?										
15	What is your schedule like right now? Overcommitted? Isolating yourself? What do you need to remove (or add)?										
16	Are you fixing all the problems presented to you? Or are you leaving room for God to work?										
17	Is there any frustration you have from your congregation you want to discuss and bring in line with God's thinking?										
18	Is there anything hidden you want to bring to God for help?										
19	What three things are you most thankful for?										
20	Is there anything that you would like me to hold you accountable for (e.g., significant stresses, goals, temptations, or joys)?										
21	Is there anything you would like me to pray with you about or rejoice with you?										

Signature: \_\_\_\_\_

*"But by the grace of God I am what I am, and his grace to me was not without effect. No, I worked harder than all of them – yet not I, but the grace of God that was with me." 1Cor15:10*

# Personal Accountability

Date: \_\_\_\_\_

1	How are you feeling in the following areas?	<b>Need Help</b>					<b>Stable</b>				
	b. Your consistency in satisfying personal devotions	1	2	3	4	5	6	7	8	9	
	d. Your battling against ungodly thoughts (unbelief, bitterness, resentment, lust, pride, jealousy, covetousness, etc.)	1	2	3	4	5	6	7	8	9	
	f. Your energy for the week ahead	1	2	3	4	5	6	7	8	9	
	h. Your feelings of effectiveness in serving Jesus	1	2	3	4	5	6	7	8	9	
	j. Give Examples of how you served Jesus in the past week.	<hr/> <hr/>									
		<b>Need Help</b>					<b>Stable</b>				
2	How is your family joy and harmony?	1	2	3	4	5	6	7	8	9	
		<b>Unhealthy</b>					<b>Healthy</b>				
3	Assess your eating and exercise this past week.	1	2	3	4	5	6	7	8	9	
4	Did you work on Bible memorization this week?						Yes	No			
5	Did you take a Sabbath day this past week?						Yes	No			
	(If no, how do you plan to compensate for it in the near future?)										
6	Have you been with a man or woman in the past week in a way that could be viewed as compromising?						Yes	No			
7	Have any of your financial dealings lacked integrity?						Yes	No			
8	Have you viewed sexually explicit material?						Yes	No			
9	Have you neglected to give appropriate time to your spouse? family?						Yes	No			
10	Have you taken advantage of opportunities to share your faith?						Yes	No			
11	Have you made the best of your free time to pursue godliness (through reading, praying, God honoring activities, etc.)?						Yes	No			
12	Did you spend any time with a non-Christian this week?						Yes	No			
13	Did you pursue a hobby this week? (Are you allowing God to be a part of this?)						Yes	No			
14	How are you supporting your family financially?										
15	What is your schedule like right now? Overcommitted? Isolating yourself? What do you need to remove (or add)?										
16	Are you fixing all the problems presented to you? Or are you leaving room for God to work?										
17	Is there any frustration you have from your congregation you want to discuss and bring in line with God's thinking?										
18	Is there anything hidden you want to bring to God for help?										
19	What three things are you most thankful for?										
20	Is there anything that you would like me to hold you accountable for (e.g., significant stresses, goals, temptations, or joys)?										
21	Is there anything you would like me to pray with you about or rejoice with you?										

Signature: \_\_\_\_\_

*"But by the grace of God I am what I am, and his grace to me was not without effect. No, I worked harder than all of them – yet not I, but the grace of God that was with me." 1Cor15:10*

## **Personal Accountability**

### *3 month questions*

Pick 2 and discuss with your partner, then take whatever action is necessary.

Do I know Christ more intimately now that I did a year ago?

How have I grown this last year in letting the word of God and the Spirit of God guide my life, mind and decisions?

What victories in terms of character issues has God given me over the last year?

How am I doing in reflecting love in my relationships with people?

Is my conscience clear in matters of personal desires eg use of time, money, food, sex?

Do I have unresolved conflicts with people that need to be addressed? What action should I take?

Do I have a Paul? Barnabas? Timothy?

What will it take right now to keep my word to God?



# Personal Accountability

Date: \_\_\_\_\_

1	How are you feeling in the following areas?	<b>Need Help</b>					<b>Stable</b>				
	b. Your consistency in satisfying personal devotions	1	2	3	4	5	6	7	8	9	
	d. Your battling against ungodly thoughts (unbelief, bitterness, resentment, lust, pride, jealousy, covetousness, etc.)	1	2	3	4	5	6	7	8	9	
	f. Your energy for the week ahead	1	2	3	4	5	6	7	8	9	
	h. Your feelings of effectiveness in serving Jesus	1	2	3	4	5	6	7	8	9	
	j. Give Examples of how you served Jesus in the past week.	<hr/> <hr/>									
		<b>Need Help</b>					<b>Stable</b>				
2	How is your family joy and harmony?	1	2	3	4	5	6	7	8	9	
		<b>Unhealthy</b>					<b>Healthy</b>				
3	Assess your eating and exercise this past week.	1	2	3	4	5	6	7	8	9	
4	Did you work on Bible memorization this week?						Yes	No			
5	Did you take a Sabbath day this past week?						Yes	No			
	(If no, how do you plan to compensate for it in the near future?)										
6	Have you been with a man or woman in the past week in a way that could be viewed as compromising?						Yes	No			
7	Have any of your financial dealings lacked integrity?						Yes	No			
8	Have you viewed sexually explicit material?						Yes	No			
9	Have you neglected to give appropriate time to your spouse? family?						Yes	No			
10	Have you taken advantage of opportunities to share your faith?						Yes	No			
11	Have you made the best of your free time to pursue godliness (through reading, praying, God honoring activities, etc.)?						Yes	No			
12	Did you spend any time with a non-Christian this week?						Yes	No			
13	Did you pursue a hobby this week? (Are you allowing God to be a part of this?)						Yes	No			
14	How are you supporting your family financially?										
15	What is your schedule like right now? Overcommitted? Isolating yourself? What do you need to remove (or add)?										
16	Are you fixing all the problems presented to you? Or are you leaving room for God to work?										
17	Is there any frustration you have from your congregation you want to discuss and bring in line with God's thinking?										
18	Is there anything hidden you want to bring to God for help?										
19	What three things are you most thankful for?										
20	Is there anything that you would like me to hold you accountable for (e.g., significant stresses, goals, temptations, or joys)?										
21	Is there anything you would like me to pray with you about or rejoice with you?										

Signature: \_\_\_\_\_

*"But by the grace of God I am what I am, and his grace to me was not without effect. No, I worked harder than all of them – yet not I, but the grace of God that was with me." 1Cor15:10*

# Personal Accountability

Date: \_\_\_\_\_

1	How are you feeling in the following areas?	<b>Need Help</b>					<b>Stable</b>				
	b. Your consistency in satisfying personal devotions	1	2	3	4	5	6	7	8	9	
	d. Your battling against ungodly thoughts (unbelief, bitterness, resentment, lust, pride, jealousy, covetousness, etc.)	1	2	3	4	5	6	7	8	9	
	f. Your energy for the week ahead	1	2	3	4	5	6	7	8	9	
	h. Your feelings of effectiveness in serving Jesus	1	2	3	4	5	6	7	8	9	
	j. Give Examples of how you served Jesus in the past week. _____ _____										
		<b>Need Help</b>					<b>Stable</b>				
2	How is your family joy and harmony?	1	2	3	4	5	6	7	8	9	
		<b>Unhealthy</b>					<b>Healthy</b>				
3	Assess your eating and exercise this past week.	1	2	3	4	5	6	7	8	9	
4	Did you work on Bible memorization this week?						Yes	No			
5	Did you take a Sabbath day this past week?						Yes	No			
	(If no, how do you plan to compensate for it in the near future?)										
6	Have you been with a man or woman in the past week in a way that could be viewed as compromising?						Yes	No			
7	Have any of your financial dealings lacked integrity?						Yes	No			
8	Have you viewed sexually explicit material?						Yes	No			
9	Have you neglected to give appropriate time to your spouse? family?						Yes	No			
10	Have you taken advantage of opportunities to share your faith?						Yes	No			
11	Have you made the best of your free time to pursue godliness (through reading, praying, God honoring activities, etc.)?						Yes	No			
12	Did you spend any time with a non-Christian this week?						Yes	No			
13	Did you pursue a hobby this week? (Are you allowing God to be a part of this?)						Yes	No			
14	How are you supporting your family financially?										
15	What is your schedule like right now? Overcommitted? Isolating yourself? What do you need to remove (or add)?										
16	Are you fixing all the problems presented to you? Or are you leaving room for God to work?										
17	Is there any frustration you have from your congregation you want to discuss and bring in line with God's thinking?										
18	Is there anything hidden you want to bring to God for help?										
19	What three things are you most thankful for?										
20	Is there anything that you would like me to hold you accountable for (e.g., significant stresses, goals, temptations, or joys)?										
21	Is there anything you would like me to pray with you about or rejoice with you?										

Signature: \_\_\_\_\_

*"But by the grace of God I am what I am, and his grace to me was not without effect. No, I worked harder than all of them – yet not I, but the grace of God that was with me." 1Cor15:10*

# Personal Accountability

Date: \_\_\_\_\_

1	How are you feeling in the following areas?	<b>Need Help</b>					<b>Stable</b>				
	b. Your consistency in satisfying personal devotions	1	2	3	4	5	6	7	8	9	
	d. Your battling against ungodly thoughts (unbelief, bitterness, resentment, lust, pride, jealousy, covetousness, etc.)	1	2	3	4	5	6	7	8	9	
	f. Your energy for the week ahead	1	2	3	4	5	6	7	8	9	
	h. Your feelings of effectiveness in serving Jesus	1	2	3	4	5	6	7	8	9	
	j. Give Examples of how you served Jesus in the past week.	<hr/> <hr/>									
		<b>Need Help</b>					<b>Stable</b>				
2	How is your family joy and harmony?	1	2	3	4	5	6	7	8	9	
		<b>Unhealthy</b>					<b>Healthy</b>				
3	Assess your eating and exercise this past week.	1	2	3	4	5	6	7	8	9	
4	Did you work on Bible memorization this week?						Yes	No			
5	Did you take a Sabbath day this past week?						Yes	No			
	(If no, how do you plan to compensate for it in the near future?)										
6	Have you been with a man or woman in the past week in a way that could be viewed as compromising?						Yes	No			
7	Have any of your financial dealings lacked integrity?						Yes	No			
8	Have you viewed sexually explicit material?						Yes	No			
9	Have you neglected to give appropriate time to your spouse? family?						Yes	No			
10	Have you taken advantage of opportunities to share your faith?						Yes	No			
11	Have you made the best of your free time to pursue godliness (through reading, praying, God honoring activities, etc.)?						Yes	No			
12	Did you spend any time with a non-Christian this week?						Yes	No			
13	Did you pursue a hobby this week? (Are you allowing God to be a part of this?)						Yes	No			
14	How are you supporting your family financially?										
15	What is your schedule like right now? Overcommitted? Isolating yourself? What do you need to remove (or add)?										
16	Are you fixing all the problems presented to you? Or are you leaving room for God to work?										
17	Is there any frustration you have from your congregation you want to discuss and bring in line with God's thinking?										
18	Is there anything hidden you want to bring to God for help?										
19	What three things are you most thankful for?										
20	Is there anything that you would like me to hold you accountable for (e.g., significant stresses, goals, temptations, or joys)?										
21	Is there anything you would like me to pray with you about or rejoice with you?										

Signature: \_\_\_\_\_

*"But by the grace of God I am what I am, and his grace to me was not without effect. No, I worked harder than all of them – yet not I, but the grace of God that was with me." 1Cor15:10*

# Personal Accountability

Date: \_\_\_\_\_

1	How are you feeling in the following areas?	<b>Need Help</b>					<b>Stable</b>				
	b. Your consistency in satisfying personal devotions	1	2	3	4	5	6	7	8	9	
	d. Your battling against ungodly thoughts (unbelief, bitterness, resentment, lust, pride, jealousy, covetousness, etc.)	1	2	3	4	5	6	7	8	9	
	f. Your energy for the week ahead	1	2	3	4	5	6	7	8	9	
	h. Your feelings of effectiveness in serving Jesus	1	2	3	4	5	6	7	8	9	
	j. Give Examples of how you served Jesus in the past week.	<hr/> <hr/>									
		<b>Need Help</b>					<b>Stable</b>				
2	How is your family joy and harmony?	1	2	3	4	5	6	7	8	9	
		<b>Unhealthy</b>					<b>Healthy</b>				
3	Assess your eating and exercise this past week.	1	2	3	4	5	6	7	8	9	
4	Did you work on Bible memorization this week?						Yes	No			
5	Did you take a Sabbath day this past week?						Yes	No			
	(If no, how do you plan to compensate for it in the near future?)										
6	Have you been with a man or woman in the past week in a way that could be viewed as compromising?						Yes	No			
7	Have any of your financial dealings lacked integrity?						Yes	No			
8	Have you viewed sexually explicit material?						Yes	No			
9	Have you neglected to give appropriate time to your spouse? family?						Yes	No			
10	Have you taken advantage of opportunities to share your faith?						Yes	No			
11	Have you made the best of your free time to pursue godliness (through reading, praying, God honoring activities, etc.)?						Yes	No			
12	Did you spend any time with a non-Christian this week?						Yes	No			
13	Did you pursue a hobby this week? (Are you allowing God to be a part of this?)						Yes	No			
14	How are you supporting your family financially?										
15	What is your schedule like right now? Overcommitted? Isolating yourself? What do you need to remove (or add)?										
16	Are you fixing all the problems presented to you? Or are you leaving room for God to work?										
17	Is there any frustration you have from your congregation you want to discuss and bring in line with God's thinking?										
18	Is there anything hidden you want to bring to God for help?										
19	What three things are you most thankful for?										
20	Is there anything that you would like me to hold you accountable for (e.g., significant stresses, goals, temptations, or joys)?										
21	Is there anything you would like me to pray with you about or rejoice with you?										

Signature: \_\_\_\_\_

*"But by the grace of God I am what I am, and his grace to me was not without effect. No, I worked harder than all of them – yet not I, but the grace of God that was with me." 1Cor15:10*

# Personal Accountability

Date: \_\_\_\_\_

1	How are you feeling in the following areas?	<b>Need Help</b>					<b>Stable</b>				
	b. Your consistency in satisfying personal devotions	1	2	3	4	5	6	7	8	9	
	d. Your battling against ungodly thoughts (unbelief, bitterness, resentment, lust, pride, jealousy, covetousness, etc.)	1	2	3	4	5	6	7	8	9	
	f. Your energy for the week ahead	1	2	3	4	5	6	7	8	9	
	h. Your feelings of effectiveness in serving Jesus	1	2	3	4	5	6	7	8	9	
	j. Give Examples of how you served Jesus in the past week. _____ _____										
		<b>Need Help</b>					<b>Stable</b>				
2	How is your family joy and harmony?	1	2	3	4	5	6	7	8	9	
		<b>Unhealthy</b>					<b>Healthy</b>				
3	Assess your eating and exercise this past week.	1	2	3	4	5	6	7	8	9	
4	Did you work on Bible memorization this week?						Yes	No			
5	Did you take a Sabbath day this past week?						Yes	No			
	(If no, how do you plan to compensate for it in the near future?)										
6	Have you been with a man or woman in the past week in a way that could be viewed as compromising?						Yes	No			
7	Have any of your financial dealings lacked integrity?						Yes	No			
8	Have you viewed sexually explicit material?						Yes	No			
9	Have you neglected to give appropriate time to your spouse? family?						Yes	No			
10	Have you taken advantage of opportunities to share your faith?						Yes	No			
11	Have you made the best of your free time to pursue godliness (through reading, praying, God honoring activities, etc.)?						Yes	No			
12	Did you spend any time with a non-Christian this week?						Yes	No			
13	Did you pursue a hobby this week? (Are you allowing God to be a part of this?)						Yes	No			
14	How are you supporting your family financially?										
15	What is your schedule like right now? Overcommitted? Isolating yourself? What do you need to remove (or add)?										
16	Are you fixing all the problems presented to you? Or are you leaving room for God to work?										
17	Is there any frustration you have from your congregation you want to discuss and bring in line with God's thinking?										
18	Is there anything hidden you want to bring to God for help?										
19	What three things are you most thankful for?										
20	Is there anything that you would like me to hold you accountable for (e.g., significant stresses, goals, temptations, or joys)?										
21	Is there anything you would like me to pray with you about or rejoice with you?										

Signature: \_\_\_\_\_

*"But by the grace of God I am what I am, and his grace to me was not without effect. No, I worked harder than all of them – yet not I, but the grace of God that was with me." 1Cor15:10*

# Personal Accountability

Date: \_\_\_\_\_

1	How are you feeling in the following areas?	<b>Need Help</b>					<b>Stable</b>				
	b. Your consistency in satisfying personal devotions	1	2	3	4	5	6	7	8	9	
	d. Your battling against ungodly thoughts (unbelief, bitterness, resentment, lust, pride, jealousy, covetousness, etc.)	1	2	3	4	5	6	7	8	9	
	f. Your energy for the week ahead	1	2	3	4	5	6	7	8	9	
	h. Your feelings of effectiveness in serving Jesus	1	2	3	4	5	6	7	8	9	
	j. Give Examples of how you served Jesus in the past week. _____ _____										
		<b>Need Help</b>					<b>Stable</b>				
2	How is your family joy and harmony?	1	2	3	4	5	6	7	8	9	
		<b>Unhealthy</b>					<b>Healthy</b>				
3	Assess your eating and exercise this past week.	1	2	3	4	5	6	7	8	9	
4	Did you work on Bible memorization this week?						Yes	No			
5	Did you take a Sabbath day this past week?						Yes	No			
	(If no, how do you plan to compensate for it in the near future?)										
6	Have you been with a man or woman in the past week in a way that could be viewed as compromising?						Yes	No			
7	Have any of your financial dealings lacked integrity?						Yes	No			
8	Have you viewed sexually explicit material?						Yes	No			
9	Have you neglected to give appropriate time to your spouse? family?						Yes	No			
10	Have you taken advantage of opportunities to share your faith?						Yes	No			
11	Have you made the best of your free time to pursue godliness (through reading, praying, God honoring activities, etc.)?						Yes	No			
12	Did you spend any time with a non-Christian this week?						Yes	No			
13	Did you pursue a hobby this week? (Are you allowing God to be a part of this?)						Yes	No			
14	How are you supporting your family financially?										
15	What is your schedule like right now? Overcommitted? Isolating yourself? What do you need to remove (or add)?										
16	Are you fixing all the problems presented to you? Or are you leaving room for God to work?										
17	Is there any frustration you have from your congregation you want to discuss and bring in line with God's thinking?										
18	Is there anything hidden you want to bring to God for help?										
19	What three things are you most thankful for?										
20	Is there anything that you would like me to hold you accountable for (e.g., significant stresses, goals, temptations, or joys)?										
21	Is there anything you would like me to pray with you about or rejoice with you?										

Signature: \_\_\_\_\_

*"But by the grace of God I am what I am, and his grace to me was not without effect. No, I worked harder than all of them – yet not I, but the grace of God that was with me." 1Cor15:10*

# Personal Accountability

Date: \_\_\_\_\_

1	How are you feeling in the following areas?	<b>Need Help</b>					<b>Stable</b>				
	b. Your consistency in satisfying personal devotions	1	2	3	4	5	6	7	8	9	
	d. Your battling against ungodly thoughts (unbelief, bitterness, resentment, lust, pride, jealousy, covetousness, etc.)	1	2	3	4	5	6	7	8	9	
	f. Your energy for the week ahead	1	2	3	4	5	6	7	8	9	
	h. Your feelings of effectiveness in serving Jesus	1	2	3	4	5	6	7	8	9	
	j. Give Examples of how you served Jesus in the past week. _____ _____										
		<b>Need Help</b>					<b>Stable</b>				
2	How is your family joy and harmony?	1	2	3	4	5	6	7	8	9	
		<b>Unhealthy</b>					<b>Healthy</b>				
3	Assess your eating and exercise this past week.	1	2	3	4	5	6	7	8	9	
4	Did you work on Bible memorization this week?						Yes	No			
5	Did you take a Sabbath day this past week?						Yes	No			
	(If no, how do you plan to compensate for it in the near future?)										
6	Have you been with a man or woman in the past week in a way that could be viewed as compromising?						Yes	No			
7	Have any of your financial dealings lacked integrity?						Yes	No			
8	Have you viewed sexually explicit material?						Yes	No			
9	Have you neglected to give appropriate time to your spouse? family?						Yes	No			
10	Have you taken advantage of opportunities to share your faith?						Yes	No			
11	Have you made the best of your free time to pursue godliness (through reading, praying, God honoring activities, etc.)?						Yes	No			
12	Did you spend any time with a non-Christian this week?						Yes	No			
13	Did you pursue a hobby this week? (Are you allowing God to be a part of this?)						Yes	No			
14	How are you supporting your family financially?										
15	What is your schedule like right now? Overcommitted? Isolating yourself? What do you need to remove (or add)?										
16	Are you fixing all the problems presented to you? Or are you leaving room for God to work?										
17	Is there any frustration you have from your congregation you want to discuss and bring in line with God's thinking?										
18	Is there anything hidden you want to bring to God for help?										
19	What three things are you most thankful for?										
20	Is there anything that you would like me to hold you accountable for (e.g., significant stresses, goals, temptations, or joys)?										
21	Is there anything you would like me to pray with you about or rejoice with you?										

Signature: \_\_\_\_\_

*"But by the grace of God I am what I am, and his grace to me was not without effect. No, I worked harder than all of them – yet not I, but the grace of God that was with me." 1Cor15:10*

# Personal Accountability

Date: \_\_\_\_\_

1	How are you feeling in the following areas?	<b>Need Help</b>					<b>Stable</b>				
	b. Your consistency in satisfying personal devotions	1	2	3	4	5	6	7	8	9	
	d. Your battling against ungodly thoughts (unbelief, bitterness, resentment, lust, pride, jealousy, covetousness, etc.)	1	2	3	4	5	6	7	8	9	
	f. Your energy for the week ahead	1	2	3	4	5	6	7	8	9	
	h. Your feelings of effectiveness in serving Jesus	1	2	3	4	5	6	7	8	9	
	j. Give Examples of how you served Jesus in the past week. _____ _____										
		<b>Need Help</b>					<b>Stable</b>				
2	How is your family joy and harmony?	1	2	3	4	5	6	7	8	9	
		<b>Unhealthy</b>					<b>Healthy</b>				
3	Assess your eating and exercise this past week.	1	2	3	4	5	6	7	8	9	
4	Did you work on Bible memorization this week?						Yes	No			
5	Did you take a Sabbath day this past week?						Yes	No			
	(If no, how do you plan to compensate for it in the near future?)										
6	Have you been with a man or woman in the past week in a way that could be viewed as compromising?						Yes	No			
7	Have any of your financial dealings lacked integrity?						Yes	No			
8	Have you viewed sexually explicit material?						Yes	No			
9	Have you neglected to give appropriate time to your spouse? family?						Yes	No			
10	Have you taken advantage of opportunities to share your faith?						Yes	No			
11	Have you made the best of your free time to pursue godliness (through reading, praying, God honoring activities, etc.)?						Yes	No			
12	Did you spend any time with a non-Christian this week?						Yes	No			
13	Did you pursue a hobby this week? (Are you allowing God to be a part of this?)						Yes	No			
14	How are you supporting your family financially?										
15	What is your schedule like right now? Overcommitted? Isolating yourself? What do you need to remove (or add)?										
16	Are you fixing all the problems presented to you? Or are you leaving room for God to work?										
17	Is there any frustration you have from your congregation you want to discuss and bring in line with God's thinking?										
18	Is there anything hidden you want to bring to God for help?										
19	What three things are you most thankful for?										
20	Is there anything that you would like me to hold you accountable for (e.g., significant stresses, goals, temptations, or joys)?										
21	Is there anything you would like me to pray with you about or rejoice with you?										

Signature: \_\_\_\_\_

*"But by the grace of God I am what I am, and his grace to me was not without effect. No, I worked harder than all of them – yet not I, but the grace of God that was with me." 1Cor15:10*

# Personal Accountability

Date: \_\_\_\_\_

1	How are you feeling in the following areas?	<b>Need Help</b>					<b>Stable</b>				
	b. Your consistency in satisfying personal devotions	1	2	3	4	5	6	7	8	9	
	d. Your battling against ungodly thoughts (unbelief, bitterness, resentment, lust, pride, jealousy, covetousness, etc.)	1	2	3	4	5	6	7	8	9	
	f. Your energy for the week ahead	1	2	3	4	5	6	7	8	9	
	h. Your feelings of effectiveness in serving Jesus	1	2	3	4	5	6	7	8	9	
	j. Give Examples of how you served Jesus in the past week. _____ _____										
		<b>Need Help</b>					<b>Stable</b>				
2	How is your family joy and harmony?	1	2	3	4	5	6	7	8	9	
		<b>Unhealthy</b>					<b>Healthy</b>				
3	Assess your eating and exercise this past week.	1	2	3	4	5	6	7	8	9	
4	Did you work on Bible memorization this week?						Yes	No			
5	Did you take a Sabbath day this past week?						Yes	No			
	(If no, how do you plan to compensate for it in the near future?)										
6	Have you been with a man or woman in the past week in a way that could be viewed as compromising?						Yes	No			
7	Have any of your financial dealings lacked integrity?						Yes	No			
8	Have you viewed sexually explicit material?						Yes	No			
9	Have you neglected to give appropriate time to your spouse? family?						Yes	No			
10	Have you taken advantage of opportunities to share your faith?						Yes	No			
11	Have you made the best of your free time to pursue godliness (through reading, praying, God honoring activities, etc.)?						Yes	No			
12	Did you spend any time with a non-Christian this week?						Yes	No			
13	Did you pursue a hobby this week? (Are you allowing God to be a part of this?)						Yes	No			
14	How are you supporting your family financially?										
15	What is your schedule like right now? Overcommitted? Isolating yourself? What do you need to remove (or add)?										
16	Are you fixing all the problems presented to you? Or are you leaving room for God to work?										
17	Is there any frustration you have from your congregation you want to discuss and bring in line with God's thinking?										
18	Is there anything hidden you want to bring to God for help?										
19	What three things are you most thankful for?										
20	Is there anything that you would like me to hold you accountable for (e.g., significant stresses, goals, temptations, or joys)?										
21	Is there anything you would like me to pray with you about or rejoice with you?										

Signature: \_\_\_\_\_

*"But by the grace of God I am what I am, and his grace to me was not without effect. No, I worked harder than all of them – yet not I, but the grace of God that was with me." 1Cor15:10*

# Personal Accountability

Date: \_\_\_\_\_

1	How are you feeling in the following areas?	<b>Need Help</b>					<b>Stable</b>				
	b. Your consistency in satisfying personal devotions	1	2	3	4	5	6	7	8	9	
	d. Your battling against ungodly thoughts (unbelief, bitterness, resentment, lust, pride, jealousy, covetousness, etc.)	1	2	3	4	5	6	7	8	9	
	f. Your energy for the week ahead	1	2	3	4	5	6	7	8	9	
	h. Your feelings of effectiveness in serving Jesus	1	2	3	4	5	6	7	8	9	
	j. Give Examples of how you served Jesus in the past week.	<hr/> <hr/>									
		<b>Need Help</b>					<b>Stable</b>				
2	How is your family joy and harmony?	1	2	3	4	5	6	7	8	9	
		<b>Unhealthy</b>					<b>Healthy</b>				
3	Assess your eating and exercise this past week.	1	2	3	4	5	6	7	8	9	
4	Did you work on Bible memorization this week?						Yes	No			
5	Did you take a Sabbath day this past week?						Yes	No			
	(If no, how do you plan to compensate for it in the near future?)										
6	Have you been with a man or woman in the past week in a way that could be viewed as compromising?						Yes	No			
7	Have any of your financial dealings lacked integrity?						Yes	No			
8	Have you viewed sexually explicit material?						Yes	No			
9	Have you neglected to give appropriate time to your spouse? family?						Yes	No			
10	Have you taken advantage of opportunities to share your faith?						Yes	No			
11	Have you made the best of your free time to pursue godliness (through reading, praying, God honoring activities, etc.)?						Yes	No			
12	Did you spend any time with a non-Christian this week?						Yes	No			
13	Did you pursue a hobby this week? (Are you allowing God to be a part of this?)						Yes	No			
14	How are you supporting your family financially?										
15	What is your schedule like right now? Overcommitted? Isolating yourself? What do you need to remove (or add)?										
16	Are you fixing all the problems presented to you? Or are you leaving room for God to work?										
17	Is there any frustration you have from your congregation you want to discuss and bring in line with God's thinking?										
18	Is there anything hidden you want to bring to God for help?										
19	What three things are you most thankful for?										
20	Is there anything that you would like me to hold you accountable for (e.g., significant stresses, goals, temptations, or joys)?										
21	Is there anything you would like me to pray with you about or rejoice with you?										

Signature: \_\_\_\_\_

*"But by the grace of God I am what I am, and his grace to me was not without effect. No, I worked harder than all of them – yet not I, but the grace of God that was with me." 1Cor15:10*

# Personal Accountability

Date: \_\_\_\_\_

1	How are you feeling in the following areas?	<b>Need Help</b>					<b>Stable</b>				
	b. Your consistency in satisfying personal devotions	1	2	3	4	5	6	7	8	9	
	d. Your battling against ungodly thoughts (unbelief, bitterness, resentment, lust, pride, jealousy, covetousness, etc.)	1	2	3	4	5	6	7	8	9	
	f. Your energy for the week ahead	1	2	3	4	5	6	7	8	9	
	h. Your feelings of effectiveness in serving Jesus	1	2	3	4	5	6	7	8	9	
	j. Give Examples of how you served Jesus in the past week.	<hr/> <hr/>									
		<b>Need Help</b>					<b>Stable</b>				
2	How is your family joy and harmony?	1	2	3	4	5	6	7	8	9	
		<b>Unhealthy</b>					<b>Healthy</b>				
3	Assess your eating and exercise this past week.	1	2	3	4	5	6	7	8	9	
4	Did you work on Bible memorization this week?						Yes	No			
5	Did you take a Sabbath day this past week?						Yes	No			
	(If no, how do you plan to compensate for it in the near future?)										
6	Have you been with a man or woman in the past week in a way that could be viewed as compromising?						Yes	No			
7	Have any of your financial dealings lacked integrity?						Yes	No			
8	Have you viewed sexually explicit material?						Yes	No			
9	Have you neglected to give appropriate time to your spouse? family?						Yes	No			
10	Have you taken advantage of opportunities to share your faith?						Yes	No			
11	Have you made the best of your free time to pursue godliness (through reading, praying, God honoring activities, etc.)?						Yes	No			
12	Did you spend any time with a non-Christian this week?						Yes	No			
13	Did you pursue a hobby this week? (Are you allowing God to be a part of this?)						Yes	No			
14	How are you supporting your family financially?										
15	What is your schedule like right now? Overcommitted? Isolating yourself? What do you need to remove (or add)?										
16	Are you fixing all the problems presented to you? Or are you leaving room for God to work?										
17	Is there any frustration you have from your congregation you want to discuss and bring in line with God's thinking?										
18	Is there anything hidden you want to bring to God for help?										
19	What three things are you most thankful for?										
20	Is there anything that you would like me to hold you accountable for (e.g., significant stresses, goals, temptations, or joys)?										
21	Is there anything you would like me to pray with you about or rejoice with you?										

Signature: \_\_\_\_\_

*"But by the grace of God I am what I am, and his grace to me was not without effect. No, I worked harder than all of them – yet not I, but the grace of God that was with me." 1Cor15:10*

# Personal Accountability

Date: \_\_\_\_\_

1	How are you feeling in the following areas?	<b>Need Help</b>					<b>Stable</b>				
	b. Your consistency in satisfying personal devotions	1	2	3	4	5	6	7	8	9	
	d. Your battling against ungodly thoughts (unbelief, bitterness, resentment, lust, pride, jealousy, covetousness, etc.)	1	2	3	4	5	6	7	8	9	
	f. Your energy for the week ahead	1	2	3	4	5	6	7	8	9	
	h. Your feelings of effectiveness in serving Jesus	1	2	3	4	5	6	7	8	9	
	j. Give Examples of how you served Jesus in the past week.	<hr/> <hr/>									
		<b>Need Help</b>					<b>Stable</b>				
2	How is your family joy and harmony?	1	2	3	4	5	6	7	8	9	
		<b>Unhealthy</b>					<b>Healthy</b>				
3	Assess your eating and exercise this past week.	1	2	3	4	5	6	7	8	9	
4	Did you work on Bible memorization this week?						Yes	No			
5	Did you take a Sabbath day this past week?						Yes	No			
	(If no, how do you plan to compensate for it in the near future?)										
6	Have you been with a man or woman in the past week in a way that could be viewed as compromising?						Yes	No			
7	Have any of your financial dealings lacked integrity?						Yes	No			
8	Have you viewed sexually explicit material?						Yes	No			
9	Have you neglected to give appropriate time to your spouse? family?						Yes	No			
10	Have you taken advantage of opportunities to share your faith?						Yes	No			
11	Have you made the best of your free time to pursue godliness (through reading, praying, God honoring activities, etc.)?						Yes	No			
12	Did you spend any time with a non-Christian this week?						Yes	No			
13	Did you pursue a hobby this week? (Are you allowing God to be a part of this?)						Yes	No			
14	How are you supporting your family financially?										
15	What is your schedule like right now? Overcommitted? Isolating yourself? What do you need to remove (or add)?										
16	Are you fixing all the problems presented to you? Or are you leaving room for God to work?										
17	Is there any frustration you have from your congregation you want to discuss and bring in line with God's thinking?										
18	Is there anything hidden you want to bring to God for help?										
19	What three things are you most thankful for?										
20	Is there anything that you would like me to hold you accountable for (e.g., significant stresses, goals, temptations, or joys)?										
21	Is there anything you would like me to pray with you about or rejoice with you?										

Signature: \_\_\_\_\_

*"But by the grace of God I am what I am, and his grace to me was not without effect. No, I worked harder than all of them – yet not I, but the grace of God that was with me." 1Cor15:10*

## Personal Accountability

### *6 month questions*

Pick 3 and discuss with your partner, then take whatever action is necessary.

1.	How is your relationship with God right now?
2.	What have you read in the Bible in the past week?
3.	What has God said to you in this reading?
4.	Where do you find yourself resisting Him these days?
5.	What specific things are you praying for in regard to others?
6.	What specific things are you praying for in regard to yourself?
7.	What are the specific tasks facing you right now that you consider incomplete?
8.	What habits intimidate you?
9.	How are you doing in achieving your personal vision for your life?
10.	What have you read in the secular press this week?
11.	What general reading have you done?
12.	What have you done to play?
13.	How are you doing with your spouse? Your kids?
14.	If I were to ask your spouse about your state of mind, state of spirit, state of energy level, what would the response be?
15.	Are you sensing any spiritual attacks from the enemy right now?
16.	If satan were to try to invalidate you as a person or as a servant of the Lord, how might he do it?
17.	What is the state of your sexual perspective? Tempted? Dealing with fantasies? Entertainment?
18.	Where are you financially right now? Things under control? Under anxiety? In great debt?
19.	Are there any unresolved conflicts in your circle of relationships right now?
20.	When was the last time you spent time with a good friend of your own gender?
21.	What kind of time have you spent with anyone who is a non-Christian this past month?
22.	What challenges do you think you're going to face in the coming weeks? This month?
23.	What would you say are your fears at this present time?
24.	Are you sleeping well?
25.	What three things are you most thankful for?
26.	Do you like yourself at this point in your pilgrimage?
27.	What are your greatest confusions about your relationship with God?
28.	What is your schedule like? Flurry activity? Isolating?
29.	Do you need to remove anything from your schedule? Add something?
30.	What hobbies are you pursuing? Are you allowing God to be a part of them?

# Personal Accountability

Date: \_\_\_\_\_

1	How are you feeling in the following areas?	<b>Need Help</b>					<b>Stable</b>				
	b. Your consistency in satisfying personal devotions	1	2	3	4	5	6	7	8	9	
	d. Your battling against ungodly thoughts (unbelief, bitterness, resentment, lust, pride, jealousy, covetousness, etc.)	1	2	3	4	5	6	7	8	9	
	f. Your energy for the week ahead	1	2	3	4	5	6	7	8	9	
	h. Your feelings of effectiveness in serving Jesus	1	2	3	4	5	6	7	8	9	
	j. Give Examples of how you served Jesus in the past week.	<hr/> <hr/>									
		<b>Need Help</b>					<b>Stable</b>				
2	How is your family joy and harmony?	1	2	3	4	5	6	7	8	9	
		<b>Unhealthy</b>					<b>Healthy</b>				
3	Assess your eating and exercise this past week.	1	2	3	4	5	6	7	8	9	
4	Did you work on Bible memorization this week?						Yes	No			
5	Did you take a Sabbath day this past week?						Yes	No			
	(If no, how do you plan to compensate for it in the near future?)										
6	Have you been with a man or woman in the past week in a way that could be viewed as compromising?						Yes	No			
7	Have any of your financial dealings lacked integrity?						Yes	No			
8	Have you viewed sexually explicit material?						Yes	No			
9	Have you neglected to give appropriate time to your spouse? family?						Yes	No			
10	Have you taken advantage of opportunities to share your faith?						Yes	No			
11	Have you made the best of your free time to pursue godliness (through reading, praying, God honoring activities, etc.)?						Yes	No			
12	Did you spend any time with a non-Christian this week?						Yes	No			
13	Did you pursue a hobby this week? (Are you allowing God to be a part of this?)						Yes	No			
14	How are you supporting your family financially?										
15	What is your schedule like right now? Overcommitted? Isolating yourself? What do you need to remove (or add)?										
16	Are you fixing all the problems presented to you? Or are you leaving room for God to work?										
17	Is there any frustration you have from your congregation you want to discuss and bring in line with God's thinking?										
18	Is there anything hidden you want to bring to God for help?										
19	What three things are you most thankful for?										
20	Is there anything that you would like me to hold you accountable for (e.g., significant stresses, goals, temptations, or joys)?										
21	Is there anything you would like me to pray with you about or rejoice with you?										

Signature: \_\_\_\_\_

*"But by the grace of God I am what I am, and his grace to me was not without effect. No, I worked harder than all of them – yet not I, but the grace of God that was with me." 1Cor15:10*

# Personal Accountability

Date: \_\_\_\_\_

1	How are you feeling in the following areas?	<b>Need Help</b>					<b>Stable</b>				
	b. Your consistency in satisfying personal devotions	1	2	3	4	5	6	7	8	9	
	d. Your battling against ungodly thoughts (unbelief, bitterness, resentment, lust, pride, jealousy, covetousness, etc.)	1	2	3	4	5	6	7	8	9	
	f. Your energy for the week ahead	1	2	3	4	5	6	7	8	9	
	h. Your feelings of effectiveness in serving Jesus	1	2	3	4	5	6	7	8	9	
	j. Give Examples of how you served Jesus in the past week.	<hr/> <hr/>									
		<b>Need Help</b>					<b>Stable</b>				
2	How is your family joy and harmony?	1	2	3	4	5	6	7	8	9	
		<b>Unhealthy</b>					<b>Healthy</b>				
3	Assess your eating and exercise this past week.	1	2	3	4	5	6	7	8	9	
4	Did you work on Bible memorization this week?						Yes	No			
5	Did you take a Sabbath day this past week?						Yes	No			
	(If no, how do you plan to compensate for it in the near future?)										
6	Have you been with a man or woman in the past week in a way that could be viewed as compromising?						Yes	No			
7	Have any of your financial dealings lacked integrity?						Yes	No			
8	Have you viewed sexually explicit material?						Yes	No			
9	Have you neglected to give appropriate time to your spouse? family?						Yes	No			
10	Have you taken advantage of opportunities to share your faith?						Yes	No			
11	Have you made the best of your free time to pursue godliness (through reading, praying, God honoring activities, etc.)?						Yes	No			
12	Did you spend any time with a non-Christian this week?						Yes	No			
13	Did you pursue a hobby this week? (Are you allowing God to be a part of this?)						Yes	No			
14	How are you supporting your family financially?										
15	What is your schedule like right now? Overcommitted? Isolating yourself? What do you need to remove (or add)?										
16	Are you fixing all the problems presented to you? Or are you leaving room for God to work?										
17	Is there any frustration you have from your congregation you want to discuss and bring in line with God's thinking?										
18	Is there anything hidden you want to bring to God for help?										
19	What three things are you most thankful for?										
20	Is there anything that you would like me to hold you accountable for (e.g., significant stresses, goals, temptations, or joys)?										
21	Is there anything you would like me to pray with you about or rejoice with you?										

Signature: \_\_\_\_\_

*"But by the grace of God I am what I am, and his grace to me was not without effect. No, I worked harder than all of them – yet not I, but the grace of God that was with me." 1Cor15:10*

# Personal Accountability

Date: \_\_\_\_\_

1	How are you feeling in the following areas?	<b>Need Help</b>					<b>Stable</b>				
	b. Your consistency in satisfying personal devotions	1	2	3	4	5	6	7	8	9	
	d. Your battling against ungodly thoughts (unbelief, bitterness, resentment, lust, pride, jealousy, covetousness, etc.)	1	2	3	4	5	6	7	8	9	
	f. Your energy for the week ahead	1	2	3	4	5	6	7	8	9	
	h. Your feelings of effectiveness in serving Jesus	1	2	3	4	5	6	7	8	9	
	j. Give Examples of how you served Jesus in the past week. _____ _____										
		<b>Need Help</b>					<b>Stable</b>				
2	How is your family joy and harmony?	1	2	3	4	5	6	7	8	9	
		<b>Unhealthy</b>					<b>Healthy</b>				
3	Assess your eating and exercise this past week.	1	2	3	4	5	6	7	8	9	
4	Did you work on Bible memorization this week?						Yes	No			
5	Did you take a Sabbath day this past week?						Yes	No			
	(If no, how do you plan to compensate for it in the near future?)										
6	Have you been with a man or woman in the past week in a way that could be viewed as compromising?						Yes	No			
7	Have any of your financial dealings lacked integrity?						Yes	No			
8	Have you viewed sexually explicit material?						Yes	No			
9	Have you neglected to give appropriate time to your spouse? family?						Yes	No			
10	Have you taken advantage of opportunities to share your faith?						Yes	No			
11	Have you made the best of your free time to pursue godliness (through reading, praying, God honoring activities, etc.)?						Yes	No			
12	Did you spend any time with a non-Christian this week?						Yes	No			
13	Did you pursue a hobby this week? (Are you allowing God to be a part of this?)						Yes	No			
14	How are you supporting your family financially?										
15	What is your schedule like right now? Overcommitted? Isolating yourself? What do you need to remove (or add)?										
16	Are you fixing all the problems presented to you? Or are you leaving room for God to work?										
17	Is there any frustration you have from your congregation you want to discuss and bring in line with God's thinking?										
18	Is there anything hidden you want to bring to God for help?										
19	What three things are you most thankful for?										
20	Is there anything that you would like me to hold you accountable for (e.g., significant stresses, goals, temptations, or joys)?										
21	Is there anything you would like me to pray with you about or rejoice with you?										

Signature: \_\_\_\_\_

*"But by the grace of God I am what I am, and his grace to me was not without effect. No, I worked harder than all of them – yet not I, but the grace of God that was with me." 1Cor15:10*

# Personal Accountability

Date: \_\_\_\_\_

1	How are you feeling in the following areas?	<b>Need Help</b>					<b>Stable</b>				
	b. Your consistency in satisfying personal devotions	1	2	3	4	5	6	7	8	9	
	d. Your battling against ungodly thoughts (unbelief, bitterness, resentment, lust, pride, jealousy, covetousness, etc.)	1	2	3	4	5	6	7	8	9	
	f. Your energy for the week ahead	1	2	3	4	5	6	7	8	9	
	h. Your feelings of effectiveness in serving Jesus	1	2	3	4	5	6	7	8	9	
	j. Give Examples of how you served Jesus in the past week. _____ _____										
		<b>Need Help</b>					<b>Stable</b>				
2	How is your family joy and harmony?	1	2	3	4	5	6	7	8	9	
		<b>Unhealthy</b>					<b>Healthy</b>				
3	Assess your eating and exercise this past week.	1	2	3	4	5	6	7	8	9	
4	Did you work on Bible memorization this week?						Yes	No			
5	Did you take a Sabbath day this past week?						Yes	No			
	(If no, how do you plan to compensate for it in the near future?)										
6	Have you been with a man or woman in the past week in a way that could be viewed as compromising?						Yes	No			
7	Have any of your financial dealings lacked integrity?						Yes	No			
8	Have you viewed sexually explicit material?						Yes	No			
9	Have you neglected to give appropriate time to your spouse? family?						Yes	No			
10	Have you taken advantage of opportunities to share your faith?						Yes	No			
11	Have you made the best of your free time to pursue godliness (through reading, praying, God honoring activities, etc.)?						Yes	No			
12	Did you spend any time with a non-Christian this week?						Yes	No			
13	Did you pursue a hobby this week? (Are you allowing God to be a part of this?)						Yes	No			
14	How are you supporting your family financially?										
15	What is your schedule like right now? Overcommitted? Isolating yourself? What do you need to remove (or add)?										
16	Are you fixing all the problems presented to you? Or are you leaving room for God to work?										
17	Is there any frustration you have from your congregation you want to discuss and bring in line with God's thinking?										
18	Is there anything hidden you want to bring to God for help?										
19	What three things are you most thankful for?										
20	Is there anything that you would like me to hold you accountable for (e.g., significant stresses, goals, temptations, or joys)?										
21	Is there anything you would like me to pray with you about or rejoice with you?										

Signature: \_\_\_\_\_

*"But by the grace of God I am what I am, and his grace to me was not without effect. No, I worked harder than all of them – yet not I, but the grace of God that was with me." 1Cor15:10*

# Personal Accountability

Date: \_\_\_\_\_

1	How are you feeling in the following areas?	<b>Need Help</b>					<b>Stable</b>				
	b. Your consistency in satisfying personal devotions	1	2	3	4	5	6	7	8	9	
	d. Your battling against ungodly thoughts (unbelief, bitterness, resentment, lust, pride, jealousy, covetousness, etc.)	1	2	3	4	5	6	7	8	9	
	f. Your energy for the week ahead	1	2	3	4	5	6	7	8	9	
	h. Your feelings of effectiveness in serving Jesus	1	2	3	4	5	6	7	8	9	
	j. Give Examples of how you served Jesus in the past week. _____ _____										
		<b>Need Help</b>					<b>Stable</b>				
2	How is your family joy and harmony?	1	2	3	4	5	6	7	8	9	
		<b>Unhealthy</b>					<b>Healthy</b>				
3	Assess your eating and exercise this past week.	1	2	3	4	5	6	7	8	9	
4	Did you work on Bible memorization this week?						Yes	No			
5	Did you take a Sabbath day this past week?						Yes	No			
	(If no, how do you plan to compensate for it in the near future?)										
6	Have you been with a man or woman in the past week in a way that could be viewed as compromising?						Yes	No			
7	Have any of your financial dealings lacked integrity?						Yes	No			
8	Have you viewed sexually explicit material?						Yes	No			
9	Have you neglected to give appropriate time to your spouse? family?						Yes	No			
10	Have you taken advantage of opportunities to share your faith?						Yes	No			
11	Have you made the best of your free time to pursue godliness (through reading, praying, God honoring activities, etc.)?						Yes	No			
12	Did you spend any time with a non-Christian this week?						Yes	No			
13	Did you pursue a hobby this week? (Are you allowing God to be a part of this?)						Yes	No			
14	How are you supporting your family financially?										
15	What is your schedule like right now? Overcommitted? Isolating yourself? What do you need to remove (or add)?										
16	Are you fixing all the problems presented to you? Or are you leaving room for God to work?										
17	Is there any frustration you have from your congregation you want to discuss and bring in line with God's thinking?										
18	Is there anything hidden you want to bring to God for help?										
19	What three things are you most thankful for?										
20	Is there anything that you would like me to hold you accountable for (e.g., significant stresses, goals, temptations, or joys)?										
21	Is there anything you would like me to pray with you about or rejoice with you?										

Signature: \_\_\_\_\_

*"But by the grace of God I am what I am, and his grace to me was not without effect. No, I worked harder than all of them – yet not I, but the grace of God that was with me." 1Cor15:10*

# Personal Accountability

Date: \_\_\_\_\_

1	How are you feeling in the following areas?	<b>Need Help</b>					<b>Stable</b>				
	b. Your consistency in satisfying personal devotions	1	2	3	4	5	6	7	8	9	
	d. Your battling against ungodly thoughts (unbelief, bitterness, resentment, lust, pride, jealousy, covetousness, etc.)	1	2	3	4	5	6	7	8	9	
	f. Your energy for the week ahead	1	2	3	4	5	6	7	8	9	
	h. Your feelings of effectiveness in serving Jesus	1	2	3	4	5	6	7	8	9	
	j. Give Examples of how you served Jesus in the past week. _____ _____										
		<b>Need Help</b>					<b>Stable</b>				
2	How is your family joy and harmony?	1	2	3	4	5	6	7	8	9	
		<b>Unhealthy</b>					<b>Healthy</b>				
3	Assess your eating and exercise this past week.	1	2	3	4	5	6	7	8	9	
4	Did you work on Bible memorization this week?						Yes	No			
5	Did you take a Sabbath day this past week?						Yes	No			
	(If no, how do you plan to compensate for it in the near future?)										
6	Have you been with a man or woman in the past week in a way that could be viewed as compromising?						Yes	No			
7	Have any of your financial dealings lacked integrity?						Yes	No			
8	Have you viewed sexually explicit material?						Yes	No			
9	Have you neglected to give appropriate time to your spouse? family?						Yes	No			
10	Have you taken advantage of opportunities to share your faith?						Yes	No			
11	Have you made the best of your free time to pursue godliness (through reading, praying, God honoring activities, etc.)?						Yes	No			
12	Did you spend any time with a non-Christian this week?						Yes	No			
13	Did you pursue a hobby this week? (Are you allowing God to be a part of this?)						Yes	No			
14	How are you supporting your family financially?										
15	What is your schedule like right now? Overcommitted? Isolating yourself? What do you need to remove (or add)?										
16	Are you fixing all the problems presented to you? Or are you leaving room for God to work?										
17	Is there any frustration you have from your congregation you want to discuss and bring in line with God's thinking?										
18	Is there anything hidden you want to bring to God for help?										
19	What three things are you most thankful for?										
20	Is there anything that you would like me to hold you accountable for (e.g., significant stresses, goals, temptations, or joys)?										
21	Is there anything you would like me to pray with you about or rejoice with you?										

Signature: \_\_\_\_\_

*"But by the grace of God I am what I am, and his grace to me was not without effect. No, I worked harder than all of them – yet not I, but the grace of God that was with me." 1Cor15:10*

# Personal Accountability

Date: \_\_\_\_\_

1	How are you feeling in the following areas?	<b>Need Help</b>					<b>Stable</b>				
	b. Your consistency in satisfying personal devotions	1	2	3	4	5	6	7	8	9	
	d. Your battling against ungodly thoughts (unbelief, bitterness, resentment, lust, pride, jealousy, covetousness, etc.)	1	2	3	4	5	6	7	8	9	
	f. Your energy for the week ahead	1	2	3	4	5	6	7	8	9	
	h. Your feelings of effectiveness in serving Jesus	1	2	3	4	5	6	7	8	9	
	j. Give Examples of how you served Jesus in the past week. _____ _____										
		<b>Need Help</b>					<b>Stable</b>				
2	How is your family joy and harmony?	1	2	3	4	5	6	7	8	9	
		<b>Unhealthy</b>					<b>Healthy</b>				
3	Assess your eating and exercise this past week.	1	2	3	4	5	6	7	8	9	
4	Did you work on Bible memorization this week?						Yes	No			
5	Did you take a Sabbath day this past week?						Yes	No			
	(If no, how do you plan to compensate for it in the near future?)										
6	Have you been with a man or woman in the past week in a way that could be viewed as compromising?						Yes	No			
7	Have any of your financial dealings lacked integrity?						Yes	No			
8	Have you viewed sexually explicit material?						Yes	No			
9	Have you neglected to give appropriate time to your spouse? family?						Yes	No			
10	Have you taken advantage of opportunities to share your faith?						Yes	No			
11	Have you made the best of your free time to pursue godliness (through reading, praying, God honoring activities, etc.)?						Yes	No			
12	Did you spend any time with a non-Christian this week?						Yes	No			
13	Did you pursue a hobby this week? (Are you allowing God to be a part of this?)						Yes	No			
14	How are you supporting your family financially?										
15	What is your schedule like right now? Overcommitted? Isolating yourself? What do you need to remove (or add)?										
16	Are you fixing all the problems presented to you? Or are you leaving room for God to work?										
17	Is there any frustration you have from your congregation you want to discuss and bring in line with God's thinking?										
18	Is there anything hidden you want to bring to God for help?										
19	What three things are you most thankful for?										
20	Is there anything that you would like me to hold you accountable for (e.g., significant stresses, goals, temptations, or joys)?										
21	Is there anything you would like me to pray with you about or rejoice with you?										

Signature: \_\_\_\_\_

*"But by the grace of God I am what I am, and his grace to me was not without effect. No, I worked harder than all of them – yet not I, but the grace of God that was with me." 1Cor15:10*

# Personal Accountability

Date: \_\_\_\_\_

1	How are you feeling in the following areas?	<b>Need Help</b>					<b>Stable</b>				
	b. Your consistency in satisfying personal devotions	1	2	3	4	5	6	7	8	9	
	d. Your battling against ungodly thoughts (unbelief, bitterness, resentment, lust, pride, jealousy, covetousness, etc.)	1	2	3	4	5	6	7	8	9	
	f. Your energy for the week ahead	1	2	3	4	5	6	7	8	9	
	h. Your feelings of effectiveness in serving Jesus	1	2	3	4	5	6	7	8	9	
	j. Give Examples of how you served Jesus in the past week. _____ _____										
		<b>Need Help</b>					<b>Stable</b>				
2	How is your family joy and harmony?	1	2	3	4	5	6	7	8	9	
		<b>Unhealthy</b>					<b>Healthy</b>				
3	Assess your eating and exercise this past week.	1	2	3	4	5	6	7	8	9	
4	Did you work on Bible memorization this week?						Yes	No			
5	Did you take a Sabbath day this past week?						Yes	No			
	(If no, how do you plan to compensate for it in the near future?)										
6	Have you been with a man or woman in the past week in a way that could be viewed as compromising?						Yes	No			
7	Have any of your financial dealings lacked integrity?						Yes	No			
8	Have you viewed sexually explicit material?						Yes	No			
9	Have you neglected to give appropriate time to your spouse? family?						Yes	No			
10	Have you taken advantage of opportunities to share your faith?						Yes	No			
11	Have you made the best of your free time to pursue godliness (through reading, praying, God honoring activities, etc.)?						Yes	No			
12	Did you spend any time with a non-Christian this week?						Yes	No			
13	Did you pursue a hobby this week? (Are you allowing God to be a part of this?)						Yes	No			
14	How are you supporting your family financially?										
15	What is your schedule like right now? Overcommitted? Isolating yourself? What do you need to remove (or add)?										
16	Are you fixing all the problems presented to you? Or are you leaving room for God to work?										
17	Is there any frustration you have from your congregation you want to discuss and bring in line with God's thinking?										
18	Is there anything hidden you want to bring to God for help?										
19	What three things are you most thankful for?										
20	Is there anything that you would like me to hold you accountable for (e.g., significant stresses, goals, temptations, or joys)?										
21	Is there anything you would like me to pray with you about or rejoice with you?										

Signature: \_\_\_\_\_

*"But by the grace of God I am what I am, and his grace to me was not without effect. No, I worked harder than all of them – yet not I, but the grace of God that was with me." 1Cor15:10*

# Personal Accountability

Date: \_\_\_\_\_

1	How are you feeling in the following areas?	<b>Need Help</b>					<b>Stable</b>				
	b. Your consistency in satisfying personal devotions	1	2	3	4	5	6	7	8	9	
	d. Your battling against ungodly thoughts (unbelief, bitterness, resentment, lust, pride, jealousy, covetousness, etc.)	1	2	3	4	5	6	7	8	9	
	f. Your energy for the week ahead	1	2	3	4	5	6	7	8	9	
	h. Your feelings of effectiveness in serving Jesus	1	2	3	4	5	6	7	8	9	
	j. Give Examples of how you served Jesus in the past week.	<hr/> <hr/>									
		<b>Need Help</b>					<b>Stable</b>				
2	How is your family joy and harmony?	1	2	3	4	5	6	7	8	9	
		<b>Unhealthy</b>					<b>Healthy</b>				
3	Assess your eating and exercise this past week.	1	2	3	4	5	6	7	8	9	
4	Did you work on Bible memorization this week?						Yes	No			
5	Did you take a Sabbath day this past week?						Yes	No			
	(If no, how do you plan to compensate for it in the near future?)										
6	Have you been with a man or woman in the past week in a way that could be viewed as compromising?						Yes	No			
7	Have any of your financial dealings lacked integrity?						Yes	No			
8	Have you viewed sexually explicit material?						Yes	No			
9	Have you neglected to give appropriate time to your spouse? family?						Yes	No			
10	Have you taken advantage of opportunities to share your faith?						Yes	No			
11	Have you made the best of your free time to pursue godliness (through reading, praying, God honoring activities, etc.)?						Yes	No			
12	Did you spend any time with a non-Christian this week?						Yes	No			
13	Did you pursue a hobby this week? (Are you allowing God to be a part of this?)						Yes	No			
14	How are you supporting your family financially?										
15	What is your schedule like right now? Overcommitted? Isolating yourself? What do you need to remove (or add)?										
16	Are you fixing all the problems presented to you? Or are you leaving room for God to work?										
17	Is there any frustration you have from your congregation you want to discuss and bring in line with God's thinking?										
18	Is there anything hidden you want to bring to God for help?										
19	What three things are you most thankful for?										
20	Is there anything that you would like me to hold you accountable for (e.g., significant stresses, goals, temptations, or joys)?										
21	Is there anything you would like me to pray with you about or rejoice with you?										

Signature: \_\_\_\_\_

*"But by the grace of God I am what I am, and his grace to me was not without effect. No, I worked harder than all of them – yet not I, but the grace of God that was with me." 1Cor15:10*

# Personal Accountability

Date: \_\_\_\_\_

1	How are you feeling in the following areas?	<b>Need Help</b>					<b>Stable</b>				
	b. Your consistency in satisfying personal devotions	1	2	3	4	5	6	7	8	9	
	d. Your battling against ungodly thoughts (unbelief, bitterness, resentment, lust, pride, jealousy, covetousness, etc.)	1	2	3	4	5	6	7	8	9	
	f. Your energy for the week ahead	1	2	3	4	5	6	7	8	9	
	h. Your feelings of effectiveness in serving Jesus	1	2	3	4	5	6	7	8	9	
	j. Give Examples of how you served Jesus in the past week.	<hr/> <hr/>									
		<b>Need Help</b>					<b>Stable</b>				
2	How is your family joy and harmony?	1	2	3	4	5	6	7	8	9	
		<b>Unhealthy</b>					<b>Healthy</b>				
3	Assess your eating and exercise this past week.	1	2	3	4	5	6	7	8	9	
4	Did you work on Bible memorization this week?						Yes	No			
5	Did you take a Sabbath day this past week?						Yes	No			
	(If no, how do you plan to compensate for it in the near future?)										
6	Have you been with a man or woman in the past week in a way that could be viewed as compromising?						Yes	No			
7	Have any of your financial dealings lacked integrity?						Yes	No			
8	Have you viewed sexually explicit material?						Yes	No			
9	Have you neglected to give appropriate time to your spouse? family?						Yes	No			
10	Have you taken advantage of opportunities to share your faith?						Yes	No			
11	Have you made the best of your free time to pursue godliness (through reading, praying, God honoring activities, etc.)?						Yes	No			
12	Did you spend any time with a non-Christian this week?						Yes	No			
13	Did you pursue a hobby this week? (Are you allowing God to be a part of this?)						Yes	No			
14	How are you supporting your family financially?										
15	What is your schedule like right now? Overcommitted? Isolating yourself? What do you need to remove (or add)?										
16	Are you fixing all the problems presented to you? Or are you leaving room for God to work?										
17	Is there any frustration you have from your congregation you want to discuss and bring in line with God's thinking?										
18	Is there anything hidden you want to bring to God for help?										
19	What three things are you most thankful for?										
20	Is there anything that you would like me to hold you accountable for (e.g., significant stresses, goals, temptations, or joys)?										
21	Is there anything you would like me to pray with you about or rejoice with you?										

Signature: \_\_\_\_\_

*"But by the grace of God I am what I am, and his grace to me was not without effect. No, I worked harder than all of them – yet not I, but the grace of God that was with me." 1Cor15:10*

# Personal Accountability

Date: \_\_\_\_\_

1	How are you feeling in the following areas?	<b>Need Help</b>					<b>Stable</b>				
	b. Your consistency in satisfying personal devotions	1	2	3	4	5	6	7	8	9	
	d. Your battling against ungodly thoughts (unbelief, bitterness, resentment, lust, pride, jealousy, covetousness, etc.)	1	2	3	4	5	6	7	8	9	
	f. Your energy for the week ahead	1	2	3	4	5	6	7	8	9	
	h. Your feelings of effectiveness in serving Jesus	1	2	3	4	5	6	7	8	9	
	j. Give Examples of how you served Jesus in the past week.	<hr/> <hr/>									
		<b>Need Help</b>					<b>Stable</b>				
2	How is your family joy and harmony?	1	2	3	4	5	6	7	8	9	
		<b>Unhealthy</b>					<b>Healthy</b>				
3	Assess your eating and exercise this past week.	1	2	3	4	5	6	7	8	9	
4	Did you work on Bible memorization this week?						Yes	No			
5	Did you take a Sabbath day this past week?						Yes	No			
	(If no, how do you plan to compensate for it in the near future?)										
6	Have you been with a man or woman in the past week in a way that could be viewed as compromising?						Yes	No			
7	Have any of your financial dealings lacked integrity?						Yes	No			
8	Have you viewed sexually explicit material?						Yes	No			
9	Have you neglected to give appropriate time to your spouse? family?						Yes	No			
10	Have you taken advantage of opportunities to share your faith?						Yes	No			
11	Have you made the best of your free time to pursue godliness (through reading, praying, God honoring activities, etc.)?						Yes	No			
12	Did you spend any time with a non-Christian this week?						Yes	No			
13	Did you pursue a hobby this week? (Are you allowing God to be a part of this?)						Yes	No			
14	How are you supporting your family financially?										
15	What is your schedule like right now? Overcommitted? Isolating yourself? What do you need to remove (or add)?										
16	Are you fixing all the problems presented to you? Or are you leaving room for God to work?										
17	Is there any frustration you have from your congregation you want to discuss and bring in line with God's thinking?										
18	Is there anything hidden you want to bring to God for help?										
19	What three things are you most thankful for?										
20	Is there anything that you would like me to hold you accountable for (e.g., significant stresses, goals, temptations, or joys)?										
21	Is there anything you would like me to pray with you about or rejoice with you?										

Signature: \_\_\_\_\_

*"But by the grace of God I am what I am, and his grace to me was not without effect. No, I worked harder than all of them – yet not I, but the grace of God that was with me." 1Cor15:10*

# Personal Accountability

Date: \_\_\_\_\_

1	How are you feeling in the following areas?	<b>Need Help</b>					<b>Stable</b>				
	b. Your consistency in satisfying personal devotions	1	2	3	4	5	6	7	8	9	
	d. Your battling against ungodly thoughts (unbelief, bitterness, resentment, lust, pride, jealousy, covetousness, etc.)	1	2	3	4	5	6	7	8	9	
	f. Your energy for the week ahead	1	2	3	4	5	6	7	8	9	
	h. Your feelings of effectiveness in serving Jesus	1	2	3	4	5	6	7	8	9	
	j. Give Examples of how you served Jesus in the past week.	<hr/> <hr/>									
		<b>Need Help</b>					<b>Stable</b>				
2	How is your family joy and harmony?	1	2	3	4	5	6	7	8	9	
		<b>Unhealthy</b>					<b>Healthy</b>				
3	Assess your eating and exercise this past week.	1	2	3	4	5	6	7	8	9	
4	Did you work on Bible memorization this week?						Yes	No			
5	Did you take a Sabbath day this past week?						Yes	No			
	(If no, how do you plan to compensate for it in the near future?)										
6	Have you been with a man or woman in the past week in a way that could be viewed as compromising?						Yes	No			
7	Have any of your financial dealings lacked integrity?						Yes	No			
8	Have you viewed sexually explicit material?						Yes	No			
9	Have you neglected to give appropriate time to your spouse? family?						Yes	No			
10	Have you taken advantage of opportunities to share your faith?						Yes	No			
11	Have you made the best of your free time to pursue godliness (through reading, praying, God honoring activities, etc.)?						Yes	No			
12	Did you spend any time with a non-Christian this week?						Yes	No			
13	Did you pursue a hobby this week? (Are you allowing God to be a part of this?)						Yes	No			
14	How are you supporting your family financially?										
15	What is your schedule like right now? Overcommitted? Isolating yourself? What do you need to remove (or add)?										
16	Are you fixing all the problems presented to you? Or are you leaving room for God to work?										
17	Is there any frustration you have from your congregation you want to discuss and bring in line with God's thinking?										
18	Is there anything hidden you want to bring to God for help?										
19	What three things are you most thankful for?										
20	Is there anything that you would like me to hold you accountable for (e.g., significant stresses, goals, temptations, or joys)?										
21	Is there anything you would like me to pray with you about or rejoice with you?										

Signature: \_\_\_\_\_

*"But by the grace of God I am what I am, and his grace to me was not without effect. No, I worked harder than all of them – yet not I, but the grace of God that was with me." 1Cor15:10*

## **Personal Accountability**

### *3 month questions*

Pick 2 and discuss with your partner, then take whatever action is necessary.

Do I know Christ more intimately now than I did a year ago?

How have I grown this last year in letting the word of God and the Spirit of God guide my life, mind and decisions?

What victories in terms of character issues has God given me over the last year?

How am I doing in reflecting love in my relationships with people?

Is my conscience clear in matters of personal desires eg use of time, money, food, sex?

Do I have unresolved conflicts with people that need to be addressed? What action should I take?

Do I have a Paul? Barnabas? Timothy?

What will it take right now to keep my word to God?

# Personal Accountability

Date: \_\_\_\_\_

1	How are you feeling in the following areas?	<b>Need Help</b>					<b>Stable</b>				
	b. Your consistency in satisfying personal devotions	1	2	3	4	5	6	7	8	9	
	d. Your battling against ungodly thoughts (unbelief, bitterness, resentment, lust, pride, jealousy, covetousness, etc.)	1	2	3	4	5	6	7	8	9	
	f. Your energy for the week ahead	1	2	3	4	5	6	7	8	9	
	h. Your feelings of effectiveness in serving Jesus	1	2	3	4	5	6	7	8	9	
	j. Give Examples of how you served Jesus in the past week. _____ _____										
		<b>Need Help</b>					<b>Stable</b>				
2	How is your family joy and harmony?	1	2	3	4	5	6	7	8	9	
		<b>Unhealthy</b>					<b>Healthy</b>				
3	Assess your eating and exercise this past week.	1	2	3	4	5	6	7	8	9	
4	Did you work on Bible memorization this week?						Yes	No			
5	Did you take a Sabbath day this past week?						Yes	No			
	(If no, how do you plan to compensate for it in the near future?)										
6	Have you been with a man or woman in the past week in a way that could be viewed as compromising?						Yes	No			
7	Have any of your financial dealings lacked integrity?						Yes	No			
8	Have you viewed sexually explicit material?						Yes	No			
9	Have you neglected to give appropriate time to your spouse? family?						Yes	No			
10	Have you taken advantage of opportunities to share your faith?						Yes	No			
11	Have you made the best of your free time to pursue godliness (through reading, praying, God honoring activities, etc.)?						Yes	No			
12	Did you spend any time with a non-Christian this week?						Yes	No			
13	Did you pursue a hobby this week? (Are you allowing God to be a part of this?)						Yes	No			
14	How are you supporting your family financially?										
15	What is your schedule like right now? Overcommitted? Isolating yourself? What do you need to remove (or add)?										
16	Are you fixing all the problems presented to you? Or are you leaving room for God to work?										
17	Is there any frustration you have from your congregation you want to discuss and bring in line with God's thinking?										
18	Is there anything hidden you want to bring to God for help?										
19	What three things are you most thankful for?										
20	Is there anything that you would like me to hold you accountable for (e.g., significant stresses, goals, temptations, or joys)?										
21	Is there anything you would like me to pray with you about or rejoice with you?										

Signature: \_\_\_\_\_

*"But by the grace of God I am what I am, and his grace to me was not without effect. No, I worked harder than all of them – yet not I, but the grace of God that was with me." 1Cor15:10*

# Personal Accountability

Date: \_\_\_\_\_

1	How are you feeling in the following areas?	<b>Need Help</b>					<b>Stable</b>				
	b. Your consistency in satisfying personal devotions	1	2	3	4	5	6	7	8	9	
	d. Your battling against ungodly thoughts (unbelief, bitterness, resentment, lust, pride, jealousy, covetousness, etc.)	1	2	3	4	5	6	7	8	9	
	f. Your energy for the week ahead	1	2	3	4	5	6	7	8	9	
	h. Your feelings of effectiveness in serving Jesus	1	2	3	4	5	6	7	8	9	
	j. Give Examples of how you served Jesus in the past week.										
	_____										
	_____										
		<b>Need Help</b>					<b>Stable</b>				
2	How is your family joy and harmony?	1	2	3	4	5	6	7	8	9	
		<b>Unhealthy</b>					<b>Healthy</b>				
3	Assess your eating and exercise this past week.	1	2	3	4	5	6	7	8	9	
4	Did you work on Bible memorization this week?						Yes		No		
5	Did you take a Sabbath day this past week?						Yes		No		
	(If no, how do you plan to compensate for it in the near future?)										
6	Have you been with a man or woman in the past week in a way that could be viewed as compromising?						Yes		No		
7	Have any of your financial dealings lacked integrity?						Yes		No		
8	Have you viewed sexually explicit material?						Yes		No		
9	Have you neglected to give appropriate time to your spouse? family?						Yes		No		
10	Have you taken advantage of opportunities to share your faith?						Yes		No		
11	Have you made the best of your free time to pursue godliness (through reading, praying, God honoring activities, etc.)?						Yes		No		
12	Did you spend any time with a non-Christian this week?						Yes		No		
13	Did you pursue a hobby this week? (Are you allowing God to be a part of this?)						Yes		No		
14	How are you supporting your family financially?										
15	What is your schedule like right now? Overcommitted? Isolating yourself? What do you need to remove (or add)?										
16	Are you fixing all the problems presented to you? Or are you leaving room for God to work?										
17	Is there any frustration you have from your congregation you want to discuss and bring in line with God's thinking?										
18	Is there anything hidden you want to bring to God for help?										
19	What three things are you most thankful for?										
20	Is there anything that you would like me to hold you accountable for (e.g., significant stresses, goals, temptations, or joys)?										
21	Is there anything you would like me to pray with you about or rejoice with you?										

Signature: \_\_\_\_\_

*"But by the grace of God I am what I am, and his grace to me was not without effect. No, I worked harder than all of them – yet not I, but the grace of God that was with me." 1Cor15:10*

# Personal Accountability

Date: \_\_\_\_\_

1	How are you feeling in the following areas?	<b>Need Help</b>					<b>Stable</b>				
	b. Your consistency in satisfying personal devotions	1	2	3	4	5	6	7	8	9	
	d. Your battling against ungodly thoughts (unbelief, bitterness, resentment, lust, pride, jealousy, covetousness, etc.)	1	2	3	4	5	6	7	8	9	
	f. Your energy for the week ahead	1	2	3	4	5	6	7	8	9	
	h. Your feelings of effectiveness in serving Jesus	1	2	3	4	5	6	7	8	9	
	j. Give Examples of how you served Jesus in the past week.										
	_____										
	_____										
		<b>Need Help</b>					<b>Stable</b>				
2	How is your family joy and harmony?	1	2	3	4	5	6	7	8	9	
		<b>Unhealthy</b>					<b>Healthy</b>				
3	Assess your eating and exercise this past week.	1	2	3	4	5	6	7	8	9	
4	Did you work on Bible memorization this week?						Yes		No		
5	Did you take a Sabbath day this past week?						Yes		No		
	(If no, how do you plan to compensate for it in the near future?)										
6	Have you been with a man or woman in the past week in a way that could be viewed as compromising?						Yes		No		
7	Have any of your financial dealings lacked integrity?						Yes		No		
8	Have you viewed sexually explicit material?						Yes		No		
9	Have you neglected to give appropriate time to your spouse? family?						Yes		No		
10	Have you taken advantage of opportunities to share your faith?						Yes		No		
11	Have you made the best of your free time to pursue godliness (through reading, praying, God honoring activities, etc.)?						Yes		No		
12	Did you spend any time with a non-Christian this week?						Yes		No		
13	Did you pursue a hobby this week? (Are you allowing God to be a part of this?)						Yes		No		
14	How are you supporting your family financially?										
15	What is your schedule like right now? Overcommitted? Isolating yourself? What do you need to remove (or add)?										
16	Are you fixing all the problems presented to you? Or are you leaving room for God to work?										
17	Is there any frustration you have from your congregation you want to discuss and bring in line with God's thinking?										
18	Is there anything hidden you want to bring to God for help?										
19	What three things are you most thankful for?										
20	Is there anything that you would like me to hold you accountable for (e.g., significant stresses, goals, temptations, or joys)?										
21	Is there anything you would like me to pray with you about or rejoice with you?										

Signature: \_\_\_\_\_

*"But by the grace of God I am what I am, and his grace to me was not without effect. No, I worked harder than all of them – yet not I, but the grace of God that was with me." 1Cor15:10*

# Personal Accountability

Date: \_\_\_\_\_

1	How are you feeling in the following areas?	<b>Need Help</b>					<b>Stable</b>				
	b. Your consistency in satisfying personal devotions	1	2	3	4	5	6	7	8	9	
	d. Your battling against ungodly thoughts (unbelief, bitterness, resentment, lust, pride, jealousy, covetousness, etc.)	1	2	3	4	5	6	7	8	9	
	f. Your energy for the week ahead	1	2	3	4	5	6	7	8	9	
	h. Your feelings of effectiveness in serving Jesus	1	2	3	4	5	6	7	8	9	
	j. Give Examples of how you served Jesus in the past week.	<hr/> <hr/>									
		<b>Need Help</b>					<b>Stable</b>				
2	How is your family joy and harmony?	1	2	3	4	5	6	7	8	9	
		<b>Unhealthy</b>					<b>Healthy</b>				
3	Assess your eating and exercise this past week.	1	2	3	4	5	6	7	8	9	
4	Did you work on Bible memorization this week?						Yes	No			
5	Did you take a Sabbath day this past week?						Yes	No			
	(If no, how do you plan to compensate for it in the near future?)										
6	Have you been with a man or woman in the past week in a way that could be viewed as compromising?						Yes	No			
7	Have any of your financial dealings lacked integrity?						Yes	No			
8	Have you viewed sexually explicit material?						Yes	No			
9	Have you neglected to give appropriate time to your spouse? family?						Yes	No			
10	Have you taken advantage of opportunities to share your faith?						Yes	No			
11	Have you made the best of your free time to pursue godliness (through reading, praying, God honoring activities, etc.)?						Yes	No			
12	Did you spend any time with a non-Christian this week?						Yes	No			
13	Did you pursue a hobby this week? (Are you allowing God to be a part of this?)						Yes	No			
14	How are you supporting your family financially?										
15	What is your schedule like right now? Overcommitted? Isolating yourself? What do you need to remove (or add)?										
16	Are you fixing all the problems presented to you? Or are you leaving room for God to work?										
17	Is there any frustration you have from your congregation you want to discuss and bring in line with God's thinking?										
18	Is there anything hidden you want to bring to God for help?										
19	What three things are you most thankful for?										
20	Is there anything that you would like me to hold you accountable for (e.g., significant stresses, goals, temptations, or joys)?										
21	Is there anything you would like me to pray with you about or rejoice with you?										

Signature: \_\_\_\_\_

*"But by the grace of God I am what I am, and his grace to me was not without effect. No, I worked harder than all of them – yet not I, but the grace of God that was with me." 1Cor15:10*

## Personal Accountability

Date: \_\_\_\_\_

1	How are you feeling in the following areas?	Need Help					Stable				
		1	2	3	4	5	6	7	8	9	
	b. Your consistency in satisfying personal devotions	1	2	3	4	5	6	7	8	9	
	d. Your battling against ungodly thoughts (unbelief, bitterness, resentment, lust, pride, jealousy, covetousness, etc.)	1	2	3	4	5	6	7	8	9	
	f. Your energy for the week ahead	1	2	3	4	5	6	7	8	9	
	h. Your feelings of effectiveness in serving Jesus	1	2	3	4	5	6	7	8	9	
	j. Give Examples of how you served Jesus in the past week. _____ _____										
		Need Help					Stable				
2	How is your family joy and harmony?	1	2	3	4	5	6	7	8	9	
		Unhealthy					Healthy				
3	Assess your eating and exercise this past week.	1	2	3	4	5	6	7	8	9	
4	Did you work on Bible memorization this week?						Yes	No			
5	Did you take a Sabbath day this past week?						Yes	No			
	(If no, how do you plan to compensate for it in the near future?)										
6	Have you been with a man or woman in the past week in a way that could be viewed as compromising?						Yes	No			
7	Have any of your financial dealings lacked integrity?						Yes	No			
8	Have you viewed sexually explicit material?						Yes	No			
9	Have you neglected to give appropriate time to your spouse? family?						Yes	No			
10	Have you taken advantage of opportunities to share your faith?						Yes	No			
11	Have you made the best of your free time to pursue godliness (through reading, praying, God honoring activities, etc.)?						Yes	No			
12	Did you spend any time with a non-Christian this week?						Yes	No			
13	Did you pursue a hobby this week? (Are you allowing God to be a part of this?)						Yes	No			
14	How are you supporting your family financially?										
15	What is your schedule like right now? Overcommitted? Isolating yourself? What do you need to remove (or add)?										
16	Are you fixing all the problems presented to you? Or are you leaving room for God to work?										
17	Is there any frustration you have from your congregation you want to discuss and bring in line with God's thinking?										
18	Is there anything hidden you want to bring to God for help?										
19	What three things are you most thankful for?										
20	Is there anything that you would like me to hold you accountable for (e.g., significant stresses, goals, temptations, or joys)?										
21	Is there anything you would like me to pray with you about or rejoice with you?										

Signature: \_\_\_\_\_

*"But by the grace of God I am what I am, and his grace to me was not without effect. No, I worked harder than all of them – yet not I, but the grace of God that was with me." 1Cor15:10*

# Personal Accountability

Date: \_\_\_\_\_

1	How are you feeling in the following areas?	<b>Need Help</b>					<b>Stable</b>				
	b. Your consistency in satisfying personal devotions	1	2	3	4	5	6	7	8	9	
	d. Your battling against ungodly thoughts (unbelief, bitterness, resentment, lust, pride, jealousy, covetousness, etc.)	1	2	3	4	5	6	7	8	9	
	f. Your energy for the week ahead	1	2	3	4	5	6	7	8	9	
	h. Your feelings of effectiveness in serving Jesus	1	2	3	4	5	6	7	8	9	
	j. Give Examples of how you served Jesus in the past week. _____ _____										
		<b>Need Help</b>					<b>Stable</b>				
2	How is your family joy and harmony?	1	2	3	4	5	6	7	8	9	
		<b>Unhealthy</b>					<b>Healthy</b>				
3	Assess your eating and exercise this past week.	1	2	3	4	5	6	7	8	9	
4	Did you work on Bible memorization this week?						Yes	No			
5	Did you take a Sabbath day this past week?						Yes	No			
	(If no, how do you plan to compensate for it in the near future?)										
6	Have you been with a man or woman in the past week in a way that could be viewed as compromising?						Yes	No			
7	Have any of your financial dealings lacked integrity?						Yes	No			
8	Have you viewed sexually explicit material?						Yes	No			
9	Have you neglected to give appropriate time to your spouse? family?						Yes	No			
10	Have you taken advantage of opportunities to share your faith?						Yes	No			
11	Have you made the best of your free time to pursue godliness (through reading, praying, God honoring activities, etc.)?						Yes	No			
12	Did you spend any time with a non-Christian this week?						Yes	No			
13	Did you pursue a hobby this week? (Are you allowing God to be a part of this?)						Yes	No			
14	How are you supporting your family financially?										
15	What is your schedule like right now? Overcommitted? Isolating yourself? What do you need to remove (or add)?										
16	Are you fixing all the problems presented to you? Or are you leaving room for God to work?										
17	Is there any frustration you have from your congregation you want to discuss and bring in line with God's thinking?										
18	Is there anything hidden you want to bring to God for help?										
19	What three things are you most thankful for?										
20	Is there anything that you would like me to hold you accountable for (e.g., significant stresses, goals, temptations, or joys)?										
21	Is there anything you would like me to pray with you about or rejoice with you?										

Signature: \_\_\_\_\_

*"But by the grace of God I am what I am, and his grace to me was not without effect. No, I worked harder than all of them – yet not I, but the grace of God that was with me." 1Cor15:10*

# Personal Accountability

Date: \_\_\_\_\_

1	How are you feeling in the following areas?	<b>Need Help</b>					<b>Stable</b>				
	b. Your consistency in satisfying personal devotions	1	2	3	4	5	6	7	8	9	
	d. Your battling against ungodly thoughts (unbelief, bitterness, resentment, lust, pride, jealousy, covetousness, etc.)	1	2	3	4	5	6	7	8	9	
	f. Your energy for the week ahead	1	2	3	4	5	6	7	8	9	
	h. Your feelings of effectiveness in serving Jesus	1	2	3	4	5	6	7	8	9	
	j. Give Examples of how you served Jesus in the past week.										
	_____										
	_____										
		<b>Need Help</b>					<b>Stable</b>				
2	How is your family joy and harmony?	1	2	3	4	5	6	7	8	9	
		<b>Unhealthy</b>					<b>Healthy</b>				
3	Assess your eating and exercise this past week.	1	2	3	4	5	6	7	8	9	
4	Did you work on Bible memorization this week?						Yes		No		
5	Did you take a Sabbath day this past week?						Yes		No		
	(If no, how do you plan to compensate for it in the near future?)										
6	Have you been with a man or woman in the past week in a way that could be viewed as compromising?						Yes		No		
7	Have any of your financial dealings lacked integrity?						Yes		No		
8	Have you viewed sexually explicit material?						Yes		No		
9	Have you neglected to give appropriate time to your spouse? family?						Yes		No		
10	Have you taken advantage of opportunities to share your faith?						Yes		No		
11	Have you made the best of your free time to pursue godliness (through reading, praying, God honoring activities, etc.)?						Yes		No		
12	Did you spend any time with a non-Christian this week?						Yes		No		
13	Did you pursue a hobby this week? (Are you allowing God to be a part of this?)						Yes		No		
14	How are you supporting your family financially?										
15	What is your schedule like right now? Overcommitted? Isolating yourself? What do you need to remove (or add)?										
16	Are you fixing all the problems presented to you? Or are you leaving room for God to work?										
17	Is there any frustration you have from your congregation you want to discuss and bring in line with God's thinking?										
18	Is there anything hidden you want to bring to God for help?										
19	What three things are you most thankful for?										
20	Is there anything that you would like me to hold you accountable for (e.g., significant stresses, goals, temptations, or joys)?										
21	Is there anything you would like me to pray with you about or rejoice with you?										

Signature: \_\_\_\_\_

*"But by the grace of God I am what I am, and his grace to me was not without effect. No, I worked harder than all of them – yet not I, but the grace of God that was with me." 1Cor15:10*

# Personal Accountability

Date: \_\_\_\_\_

1	How are you feeling in the following areas?	<b>Need Help</b>					<b>Stable</b>				
	b. Your consistency in satisfying personal devotions	1	2	3	4	5	6	7	8	9	
	d. Your battling against ungodly thoughts (unbelief, bitterness, resentment, lust, pride, jealousy, covetousness, etc.)	1	2	3	4	5	6	7	8	9	
	f. Your energy for the week ahead	1	2	3	4	5	6	7	8	9	
	h. Your feelings of effectiveness in serving Jesus	1	2	3	4	5	6	7	8	9	
	j. Give Examples of how you served Jesus in the past week. _____ _____										
		<b>Need Help</b>					<b>Stable</b>				
2	How is your family joy and harmony?	1	2	3	4	5	6	7	8	9	
		<b>Unhealthy</b>					<b>Healthy</b>				
3	Assess your eating and exercise this past week.	1	2	3	4	5	6	7	8	9	
4	Did you work on Bible memorization this week?						Yes	No			
5	Did you take a Sabbath day this past week?						Yes	No			
	(If no, how do you plan to compensate for it in the near future?)										
6	Have you been with a man or woman in the past week in a way that could be viewed as compromising?						Yes	No			
7	Have any of your financial dealings lacked integrity?						Yes	No			
8	Have you viewed sexually explicit material?						Yes	No			
9	Have you neglected to give appropriate time to your spouse? family?						Yes	No			
10	Have you taken advantage of opportunities to share your faith?						Yes	No			
11	Have you made the best of your free time to pursue godliness (through reading, praying, God honoring activities, etc.)?						Yes	No			
12	Did you spend any time with a non-Christian this week?						Yes	No			
13	Did you pursue a hobby this week? (Are you allowing God to be a part of this?)						Yes	No			
14	How are you supporting your family financially?										
15	What is your schedule like right now? Overcommitted? Isolating yourself? What do you need to remove (or add)?										
16	Are you fixing all the problems presented to you? Or are you leaving room for God to work?										
17	Is there any frustration you have from your congregation you want to discuss and bring in line with God's thinking?										
18	Is there anything hidden you want to bring to God for help?										
19	What three things are you most thankful for?										
20	Is there anything that you would like me to hold you accountable for (e.g., significant stresses, goals, temptations, or joys)?										
21	Is there anything you would like me to pray with you about or rejoice with you?										

Signature: \_\_\_\_\_

*"But by the grace of God I am what I am, and his grace to me was not without effect. No, I worked harder than all of them – yet not I, but the grace of God that was with me." 1Cor15:10*

# Personal Accountability

Date: \_\_\_\_\_

1	How are you feeling in the following areas?	<b>Need Help</b>					<b>Stable</b>				
	b. Your consistency in satisfying personal devotions	1	2	3	4	5	6	7	8	9	
	d. Your battling against ungodly thoughts (unbelief, bitterness, resentment, lust, pride, jealousy, covetousness, etc.)	1	2	3	4	5	6	7	8	9	
	f. Your energy for the week ahead	1	2	3	4	5	6	7	8	9	
	h. Your feelings of effectiveness in serving Jesus	1	2	3	4	5	6	7	8	9	
	j. Give Examples of how you served Jesus in the past week. _____ _____										
		<b>Need Help</b>					<b>Stable</b>				
2	How is your family joy and harmony?	1	2	3	4	5	6	7	8	9	
		<b>Unhealthy</b>					<b>Healthy</b>				
3	Assess your eating and exercise this past week.	1	2	3	4	5	6	7	8	9	
4	Did you work on Bible memorization this week?						Yes	No			
5	Did you take a Sabbath day this past week?						Yes	No			
	(If no, how do you plan to compensate for it in the near future?)										
6	Have you been with a man or woman in the past week in a way that could be viewed as compromising?						Yes	No			
7	Have any of your financial dealings lacked integrity?						Yes	No			
8	Have you viewed sexually explicit material?						Yes	No			
9	Have you neglected to give appropriate time to your spouse? family?						Yes	No			
10	Have you taken advantage of opportunities to share your faith?						Yes	No			
11	Have you made the best of your free time to pursue godliness (through reading, praying, God honoring activities, etc.)?						Yes	No			
12	Did you spend any time with a non-Christian this week?						Yes	No			
13	Did you pursue a hobby this week? (Are you allowing God to be a part of this?)						Yes	No			
14	How are you supporting your family financially?										
15	What is your schedule like right now? Overcommitted? Isolating yourself? What do you need to remove (or add)?										
16	Are you fixing all the problems presented to you? Or are you leaving room for God to work?										
17	Is there any frustration you have from your congregation you want to discuss and bring in line with God's thinking?										
18	Is there anything hidden you want to bring to God for help?										
19	What three things are you most thankful for?										
20	Is there anything that you would like me to hold you accountable for (e.g., significant stresses, goals, temptations, or joys)?										
21	Is there anything you would like me to pray with you about or rejoice with you?										

Signature: \_\_\_\_\_

*"But by the grace of God I am what I am, and his grace to me was not without effect. No, I worked harder than all of them – yet not I, but the grace of God that was with me." 1Cor15:10*

# Personal Accountability

Date: \_\_\_\_\_

1	How are you feeling in the following areas?	<b>Need Help</b>					<b>Stable</b>				
	b. Your consistency in satisfying personal devotions	1	2	3	4	5	6	7	8	9	
	d. Your battling against ungodly thoughts (unbelief, bitterness, resentment, lust, pride, jealousy, covetousness, etc.)	1	2	3	4	5	6	7	8	9	
	f. Your energy for the week ahead	1	2	3	4	5	6	7	8	9	
	h. Your feelings of effectiveness in serving Jesus	1	2	3	4	5	6	7	8	9	
	j. Give Examples of how you served Jesus in the past week. _____ _____										
		<b>Need Help</b>					<b>Stable</b>				
2	How is your family joy and harmony?	1	2	3	4	5	6	7	8	9	
		<b>Unhealthy</b>					<b>Healthy</b>				
3	Assess your eating and exercise this past week.	1	2	3	4	5	6	7	8	9	
4	Did you work on Bible memorization this week?						Yes	No			
5	Did you take a Sabbath day this past week?						Yes	No			
	(If no, how do you plan to compensate for it in the near future?)										
6	Have you been with a man or woman in the past week in a way that could be viewed as compromising?						Yes	No			
7	Have any of your financial dealings lacked integrity?						Yes	No			
8	Have you viewed sexually explicit material?						Yes	No			
9	Have you neglected to give appropriate time to your spouse? family?						Yes	No			
10	Have you taken advantage of opportunities to share your faith?						Yes	No			
11	Have you made the best of your free time to pursue godliness (through reading, praying, God honoring activities, etc.)?						Yes	No			
12	Did you spend any time with a non-Christian this week?						Yes	No			
13	Did you pursue a hobby this week? (Are you allowing God to be a part of this?)						Yes	No			
14	How are you supporting your family financially?										
15	What is your schedule like right now? Overcommitted? Isolating yourself? What do you need to remove (or add)?										
16	Are you fixing all the problems presented to you? Or are you leaving room for God to work?										
17	Is there any frustration you have from your congregation you want to discuss and bring in line with God's thinking?										
18	Is there anything hidden you want to bring to God for help?										
19	What three things are you most thankful for?										
20	Is there anything that you would like me to hold you accountable for (e.g., significant stresses, goals, temptations, or joys)?										
21	Is there anything you would like me to pray with you about or rejoice with you?										

Signature: \_\_\_\_\_

*"But by the grace of God I am what I am, and his grace to me was not without effect. No, I worked harder than all of them – yet not I, but the grace of God that was with me." 1Cor15:10*

# Personal Accountability

Date: \_\_\_\_\_

1	How are you feeling in the following areas?	<b>Need Help</b>					<b>Stable</b>				
	b. Your consistency in satisfying personal devotions	1	2	3	4	5	6	7	8	9	
	d. Your battling against ungodly thoughts (unbelief, bitterness, resentment, lust, pride, jealousy, covetousness, etc.)	1	2	3	4	5	6	7	8	9	
	f. Your energy for the week ahead	1	2	3	4	5	6	7	8	9	
	h. Your feelings of effectiveness in serving Jesus	1	2	3	4	5	6	7	8	9	
	j. Give Examples of how you served Jesus in the past week.	<hr/> <hr/>									
		<b>Need Help</b>					<b>Stable</b>				
2	How is your family joy and harmony?	1	2	3	4	5	6	7	8	9	
		<b>Unhealthy</b>					<b>Healthy</b>				
3	Assess your eating and exercise this past week.	1	2	3	4	5	6	7	8	9	
4	Did you work on Bible memorization this week?						Yes	No			
5	Did you take a Sabbath day this past week?						Yes	No			
	(If no, how do you plan to compensate for it in the near future?)										
6	Have you been with a man or woman in the past week in a way that could be viewed as compromising?						Yes	No			
7	Have any of your financial dealings lacked integrity?						Yes	No			
8	Have you viewed sexually explicit material?						Yes	No			
9	Have you neglected to give appropriate time to your spouse? family?						Yes	No			
10	Have you taken advantage of opportunities to share your faith?						Yes	No			
11	Have you made the best of your free time to pursue godliness (through reading, praying, God honoring activities, etc.)?						Yes	No			
12	Did you spend any time with a non-Christian this week?						Yes	No			
13	Did you pursue a hobby this week? (Are you allowing God to be a part of this?)						Yes	No			
14	How are you supporting your family financially?										
15	What is your schedule like right now? Overcommitted? Isolating yourself? What do you need to remove (or add)?										
16	Are you fixing all the problems presented to you? Or are you leaving room for God to work?										
17	Is there any frustration you have from your congregation you want to discuss and bring in line with God's thinking?										
18	Is there anything hidden you want to bring to God for help?										
19	What three things are you most thankful for?										
20	Is there anything that you would like me to hold you accountable for (e.g., significant stresses, goals, temptations, or joys)?										
21	Is there anything you would like me to pray with you about or rejoice with you?										

Signature: \_\_\_\_\_

*"But by the grace of God I am what I am, and his grace to me was not without effect. No, I worked harder than all of them – yet not I, but the grace of God that was with me." 1Cor15:10*

# Personal Accountability

Date: \_\_\_\_\_

1	How are you feeling in the following areas?	<b>Need Help</b>					<b>Stable</b>				
	b. Your consistency in satisfying personal devotions	1	2	3	4	5	6	7	8	9	
	d. Your battling against ungodly thoughts (unbelief, bitterness, resentment, lust, pride, jealousy, covetousness, etc.)	1	2	3	4	5	6	7	8	9	
	f. Your energy for the week ahead	1	2	3	4	5	6	7	8	9	
	h. Your feelings of effectiveness in serving Jesus	1	2	3	4	5	6	7	8	9	
	j. Give Examples of how you served Jesus in the past week.	<hr/> <hr/>									
		<b>Need Help</b>					<b>Stable</b>				
2	How is your family joy and harmony?	1	2	3	4	5	6	7	8	9	
		<b>Unhealthy</b>					<b>Healthy</b>				
3	Assess your eating and exercise this past week.	1	2	3	4	5	6	7	8	9	
4	Did you work on Bible memorization this week?						Yes	No			
5	Did you take a Sabbath day this past week?						Yes	No			
	(If no, how do you plan to compensate for it in the near future?)										
6	Have you been with a man or woman in the past week in a way that could be viewed as compromising?						Yes	No			
7	Have any of your financial dealings lacked integrity?						Yes	No			
8	Have you viewed sexually explicit material?						Yes	No			
9	Have you neglected to give appropriate time to your spouse? family?						Yes	No			
10	Have you taken advantage of opportunities to share your faith?						Yes	No			
11	Have you made the best of your free time to pursue godliness (through reading, praying, God honoring activities, etc.)?						Yes	No			
12	Did you spend any time with a non-Christian this week?						Yes	No			
13	Did you pursue a hobby this week? (Are you allowing God to be a part of this?)						Yes	No			
14	How are you supporting your family financially?										
15	What is your schedule like right now? Overcommitted? Isolating yourself? What do you need to remove (or add)?										
16	Are you fixing all the problems presented to you? Or are you leaving room for God to work?										
17	Is there any frustration you have from your congregation you want to discuss and bring in line with God's thinking?										
18	Is there anything hidden you want to bring to God for help?										
19	What three things are you most thankful for?										
20	Is there anything that you would like me to hold you accountable for (e.g., significant stresses, goals, temptations, or joys)?										
21	Is there anything you would like me to pray with you about or rejoice with you?										

Signature: \_\_\_\_\_

*"But by the grace of God I am what I am, and his grace to me was not without effect. No, I worked harder than all of them – yet not I, but the grace of God that was with me." 1Cor15:10*

## Personal Accountability

### *6 month questions*

Pick 3 and discuss with your partner, then take whatever action is necessary.

1.	How is your relationship with God right now?
2.	What have you read in the Bible in the past week?
3.	What has God said to you in this reading?
4.	Where do you find yourself resisting Him these days?
5.	What specific things are you praying for in regard to others?
6.	What specific things are you praying for in regard to yourself?
7.	What are the specific tasks facing you right now that you consider incomplete?
8.	What habits intimidate you?
9.	How are you doing in achieving your personal vision for your life?
10.	What have you read in the secular press this week?
11.	What general reading have you done?
12.	What have you done to play?
13.	How are you doing with your spouse? Your kids?
14.	If I were to ask your spouse about your state of mind, state of spirit, state of energy level, what would the response be?
15.	Are you sensing any spiritual attacks from the enemy right now?
16.	If satan were to try to invalidate you as a person or as a servant of the Lord, how might he do it?
17.	What is the state of your sexual perspective? Tempted? Dealing with fantasies? Entertainment?
18.	Where are you financially right now? Things under control? Under anxiety? In great debt?
19.	Are there any unresolved conflicts in your circle of relationships right now?
20.	When was the last time you spent time with a good friend of your own gender?
21.	What kind of time have you spent with anyone who is a non-Christian this past month?
22.	What challenges do you think you're going to face in the coming weeks? This month?
23.	What would you say are your fears at this present time?
24.	Are you sleeping well?
25.	What three things are you most thankful for?
26.	Do you like yourself at this point in your pilgrimage?
27.	What are your greatest confusions about your relationship with God?
28.	What is your schedule like? Flurry activity? Isolating?
29.	Do you need to remove anything from your schedule? Add something?
30.	What hobbies are you pursuing? Are you allowing God to be a part of them?

***Thank you for seeking our Lord!***

But grow in the grace and knowledge of our  
Lord and Savior Jesus Christ.

Glory be to him, now and forever!

Amen.

2Peter3:18 ERV



To get a free printable PDF of this file please visit  
[CalledChristians.org/resources](http://CalledChristians.org/resources)